

Access Health Connecticut

March 4, 2024, Board of Directors Meeting

Board of Directors Meeting Agenda

- A. Call to Order and Introductions
- **B. Public Comment**
- C. Vote: Review and Approval of Minutes
- D. Qualified Health Plans Certifications Requirements for 2025 Plan Year
- Recommended Standard Plans
- Votes
- E. Adjournment



Public Comment



Vote:

- Review and Approval of Minutes



Certification Requirements

Plan Year 2025



Standardized Plan Development

Health Plan Benefits and Qualifications Advisory Committee (HBPQ AC)

Qualified Health Plans (QHP)

- Actuarial Value Testing
- Determine Plan Changes
- Validate Plan Changes for:
 - Actuarial Value Compliance
 - Mental Health Parity Compliance
 - IRS Requirements
 - Definition of HDHP
 - Preventive Care
 - Annual Deductible and MOOP

Stand-Alone Dental Plans (SADP)

- MOOP Review
 - Reviewing the annual limitation of cost sharing for the pediatric dental Essential Health Benefit.

HDHP = High Deductible Health Plan MOOP = Maximum Out-of-Pocket



2025 Regulatory Variables

Federal

Enhanced subsidies available under Inflation Reduction Act (IRA) through 2025.

State

No new legislation having impact to plan designs at this time. Session ends on May 8, 2024.



Proposed 2025 Plan Mix

	Qualified Health Plans (QHPs)			
	Individual Market SHOP*			OP*
Metal Level	Standard Plans (Required)	Non-Standard Plans (Optional)	Required	Optional
Platinum	0	2	0	4
Gold	1	3	1	5
Silver	1	0	2	4
Bronze	2	3	2	2
Catastrophic	0	1	0	0
Total	4	9	5	15
Maximum	13		2	0

Stand-Alone Dental Plans (SADPs)			
Individual and SHOP**			
Standard Plans Non-Standard Plans			
(Required)	(Optional)		
1	3		

^{**}No differences in plan mix requirements across markets.



^{*}While SHOP participants are required to offer specific metal levels, standardized plans are not required.

Proposed 2025 Standardized Plan Design - SADP

Plan Overview	In-Network Member Pays		
Deductible (Does not apply to Preventive & Diagnostic Services)	\$60 per member, up to 3 family members		
Out-of-Pocket Maximum *			
For one child	\$350		
Two or more children	\$700		
Diagnostic Services			
Oral Exams (twice per year)			
X-Rays			
Periapicals (four per year)			
Bitewing Radiographs (once every year)	\$0		
Panoramic or Complete Series (once every three years)			
Preventive Services			
Cleanings (twice per year)			
Periodontal Scaling and Root Planing			
Periodontal Maintenance			
(once every 3 months following periodontic surgery)	\$0		
Fluoride * (twice per year)			
Sealants *			

Plan Overview	In-Network Member Pays			
Basic Services				
Filings	OOOK affers de destible is met			
Simple Extractions	20% after deductible is met			
Major Services				
Surgical Extractions				
Endodontic Therapy (i.e., Root Canal Treatment)				
Periodontal Therapy	40% after deductible is met			
Crowns and Cast Restorations	40 % after deductible is friet			
Prosthodontics (Complete and Partial Dentures; Fixed Bridgework)]			
Other Services				
Medically-Necessary Orthodontic Services *	50% after deductible is met			
Waiting Periods and Plan Maximums (for cove	ered persons not eligible for dependent child benefit)			
Applicable Waiting Period for Benefit				
Diagnostic and Preventive Services	No waiting period			
Basic Services	6 months^			
Major Services	12 months^			
Waiver of waiting period available with proof of prior olan when the termination date was no more than 30 o				
Plan Maximum	\$2,000 per member			

^{*}For child, stepchild, or other dependent child until end of plan year once dependent turns 26.





2025 Individual Market Standard Plan Designs

February 5, 2024

PRESENTED BY:

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Resource Material Status

2025 Plan Design Review

Proposed Regulatory Changes

Proposed
Federal Actuarial
Value Calculator
(AVC) Changes

Preliminary 2025 Calculator Results

Proposed 2025 Plan Designs



2025 Plan Design Overview



Necessary Regulatory and Issuer Elements

2025 Analysis- Proposed Documentation

NBPP

- Notice of Benefit and Payment **Parameters**
- Draft released November 15, 2023
- Public Comment Period ended January 8th

Federal AVC

- Actuarial Value Calculator (AVC)
- CMS provided tool measuring benefit costsharing for allocation of metal tier or cost-sharing reduction plan variation
- Finalization timing unknown

IRS HSA Rules

- Rule released in Spring
- Defines minimum deductible and maximum out of pocket costsharing allowances
- Use prior year limits as proposed

Issuer Analysis of AVC and MHP

- Plan analysis of their own actuarial value using the draft Federal calculator with their modifications.
- Plan analysis of passage of Mental Health Parity (MHP) Rules



Proposed Regulation Changes for 2025

Proposed annual limitation on cost sharing (maximum out of pocket) was <u>decreased</u> to \$9,200 (from \$9,450 in 2024)

This limit does not apply to HSA (Health Savings Account) qualified High Deductible Health Plans (HDHPs). That limit is released by the IRS in the spring.

CSR (Cost Sharing Reduction) Variations proposed annual limitation on cost sharing. The 2024 and proposed 2025 limits are:

- 94% CSR (100-150% **FPL): **\$3,050/\$6,100** (single/family)
 - 2024 \$3,150/\$6,300 (single/family)
- 87% CSR (150%-200% **FPL): **\$3,050/\$6,100** (single/family)
 - 2024 \$3,150/\$6,300 (single/family)
- 73% CSR (200%-250% **FPL): **\$7,350/\$14,700** (single/family)
 - 2024 \$7,550/\$15,100 (single/family)

Federal HDHP minimum deductible and Maximum Out of Pocket (MOOP) limits are not yet released for 2025.

For 2024 the single deductible is set at a minimum of \$1,600 and the MOOP maximum limit is \$8,050.



Proposed Changes to the Federal AVC for 2025

The Federal AVC has not yet been finalized, changes to the final model may impact results. **Proposed changes to the 2025 Draft Calculator are as follows:**

Data underlying the calculator was updated. Data now based on 2021 Edge (updated from 2018) individual and small group data trended to 2025

- Medical Trend: 3.2% (2021-2022), 5.8% (2022-2023), 5.4% (2023-2024), 6.4% (2025)
- Pharmacy Trend: 4.55% (2021-2022), 8.7% (2022-2023), 8.2% (2023-2024), 9.9% (2025)
- Allowed costs for Silver and Bronze plans in 2025 decreased from 2024 model by more than ~4%
- Significant shift in pharmacy dollar mix towards non-preferred and specialty drug types.

Demographic weights adjusted to reflect 2025 anticipated population

Primary Care vs. Specialty Care Visits:

- Provider specialty codes not available in 2021 data. Visit types imputed from procedure code frequencies. Change resulted in significant shift to more specialist visits in the data.
- Wakely testing indicated this change was worth up to a -1% impact on Federal AVs.



Summary of 2025 Proposed AV Changes

Plan change variability due to changes in Copay and Deductible Accumulation logic. Impact on final plan Avs will differ where plans adjusted for the original anomalous logic.

Individual Market	Gold	Silver	Bronze	Bronze HSA
2025 Proposed AV Ranges	78.0% - 82.0%	70.0%-72.0%	58.0%-65.0%	58.0%-65.0%
2024 AV (Final)	81.8%-82.0%	71.3%-71.8%	64.8%-65.0%	64.8%-64.9%
2025 Draft AV Approx. Chg.	79.6%-80.5%	70.6%-71.0%	62.5%-62.8%	63.8%-64.0%

Individual Market - CSR Plan Variations: Silver	73% AV CSR	87% AV CSR	94% AV CSR
2025 Proposed AV Ranges	73.0%-74.0%	87.0%-88.0%	94.0%-95.0%
2024 AV (Final)	73.4%- 74.0%	87.0%-87.4%	94.8%-95.0%
2025 Draft AV Approx. Chg.	73.1%-73.4%	86.2%-87.2%	94.6%-95.1%

73.0% CSR Silver must have a differential of 2.0%+ with Standard Silver Bronze ranges reflect Expanded Bronze allowances.



2025 Plan Design Overview



Notes and Caveats

Other services not included in the AVC, but will be specified cost sharing for each standardized plan

In-Network Services

Other Services

Mammography Ultrasound

Chiropractic Services (up to 20 visits per calendar year)

Diabetic Supplies & Equipment

Durable Medical Equipment

Home Health Care Services (up to 100 visits per calendar year)

Ambulance Services

Urgent Care Center or Facility

Pediatric Dental Care (for children under age 26)

Diagnostic & Preventive

Basic Services

Major Services

Orthodontia Services (medically necessary)

Pediatric Vision Care (for children under age 26)

Out-of-Network Services

All services, deductible and maximum out-of-pocket



Notes and Caveats

Plan Features

- The cost sharing shown on the following slides represents costs for in-network services only.
- The deductible and MOOP limits shown are for individuals. The family limits are 2x the individual limit for all plans except where noted.
- Preventive care is covered at no cost to the member for all plans.
- Mental Health cost sharing is the same as Primary Care for all plans.
- Silver loading for defunded cost-sharing reduction plans will <u>likely</u> persist in 2025.
- All plans include 'embedded' deductible approach (not aggregate)



Summary of 2025 Gold Plan AV Options



Benefit Category	2024/2025 Individual Market Gold Plan	2025 Individual Market Gold Plan Option 1	2025 Individual Market Gold Plan Option 2
Medical Deductible	\$1,300 (INN)/\$3,000 (OON)	\$1,300 (INN)/\$3,000 (OON)	\$1,200 (INN)
Rx Deductible	\$50 (INN)/\$350 (OON)	\$50 (INN)/\$350 (OON)	\$50 (INN)/\$350 (OON)
Coinsurance	30%	30%	30%
Out-of-pocket Maximum	\$7,375 (INN)/\$14,750 (OON)	\$7,375 (INN)/\$14,750 (OON)	\$7,375 (INN)/\$14,750 (OON)
Primary Care	\$20	\$20	\$20
Specialist Care	\$40	\$40	\$40
Urgent Care	\$50	\$50	\$50
Emergency Room	\$400	\$400	\$400
Inpatient Hospital	\$500 per day (after ded., \$1,000 max. per admission)	\$500 per day (after ded., \$1,000 max. per admission)	\$500 per day (after ded., \$1,000 max. per admission)
Outpatient Hospital	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$65	\$65	\$65
Non-Advanced Radiology (X-ray, Diagnostic)	\$40 (after ded.)	\$40 (after ded.)	\$40 (after ded.)
Laboratory Services	\$10 (after ded.)	<mark>\$10</mark>	<mark>\$10</mark>
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$20	\$20	\$20
Chiropractic Care 20 visit calendar maximum	\$40	\$40	\$40
All Other Medical	30%	30%	30%
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$5 / \$35 / \$60 / 20% (spec. after ded., \$100 max per spec. script)	\$5 / \$35 / \$60 / 20% (spec. after ded., \$100 max per spec. script)	\$5 / \$35 / \$60 / 20% (spec. after ded., \$100 max per spec. script)
2024 AVC Results	81.8%-82.0%	NA	NA
, 2025 Draft AVC Approximate Change	79.6%-80.5%	80.2%-81.1%	80.3%-81.2%

Summary of 2025 Silver Plan AV

Benefit Category	2024 Individual Market Silver Plan	2025 Individual Market Silver Plan Option 1
Medical Deductible	\$5,000 (INN)/ \$10,000 (OON)	\$5,000 (INN)/ \$10,000 (OON)
Rx Deductible	\$250 (INN)/ \$500 (OON)	\$250 (INN)/ \$500 (OON)
Coinsurance	40%	40%
Out-of-pocket Maximum	\$9,100 (INN)/ \$18,200 (OON)	\$9,100 (INN)/ \$18,200 (OON)
Primary Care	\$40	\$40
Specialist Care	\$60	\$60
Urgent Care	\$75	\$75
Emergency Room	\$450 (after ded.)	\$450 (after ded.)
Inpatient Hospital	\$500 per day (after ded., \$2,000 max. per admission)	\$500 per day (after ded., \$2,000 max. per admission)
Outpatient Hospital	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$75	\$75
Non-Advanced Radiology (X-ray, Diagnostic)	\$40 (after ded.)	\$40 (after ded.)
Laboratory Services	\$20	\$25
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$30	\$30
Chiropractic Care (20 visit calendar maximum)	\$50	\$50
All Other Medical	40%	40%
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx		\$10 / \$45 / \$70 / 20% (all but generic after ded., \$200 max per spec. script)
2024 AVC Results 2025 Draft AVC Approximate Change	71.3%-71.8% 70.6%-71.0%	NA 70.3%-70.7%



Summary of 2025 Silver 73% CSR Plan AV



Benefit Category	2024 Individual Market Silver Plan (73%)	2025 Individual Market Silver Plan (73%) Option 1	
Medical Deductible	\$4,750	\$5,000	
Rx Deductible	\$250	\$250	
Coinsurance	40%	40%	
Out-of-pocket Maximum	\$7,475	\$7,350	
Primary Care	\$40	\$40	
Specialist Care	\$60	\$60	
Urgent Care	\$75	\$75	
Emergency Room	\$450 (after ded.)	\$450 (after ded.)	
Inpatient Hospital	\$500 per day (after ded., \$2,000 max. per admission)	\$500 per day	
Outpatient Hospital	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)	
Advanced Radiology (CT/PET Scan, MRI)	\$75	\$75 [°]	
Non-Advanced Radiology (X-ray, Diagnostic)	\$40 (after ded.)	\$40 (after ded.)	
Laboratory Services	\$20	\$25	
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$30	\$30	
Chiropractic Care (20 visit calendar maximum)	\$50	\$50	
All Other Medical	40%	40%	
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$10 / \$45 / \$70 / 20% (all but generic after ded., \$100 max per spec. script)	\$10 / \$45 / \$70 / 20% (all but generic after ded., \$100 max per spec. script)	
2024 AVC Results 2025 Draft AVC Approximate Change	73.4%- 74.0% 73.1%-73.4%	NA 73.0%-73.3%	

2025 MOOP exceeded



Summary of 2025 Silver 87% CSR Plan AV Options

Benefit Category	2024 Individual Market Silver Plan (87%)	2025 Individual Market Silver Plan (87%) Option 1
Medical Deductible	\$675	\$475
Rx Deductible	\$50	\$50
Coinsurance	40%	40%
Out-of-pocket Maximum	\$2,925	\$2,725
Primary Care	\$20	\$20
Specialist Care	\$45	\$45
Urgent Care	\$35	\$35
Emergency Room	\$150 (after ded.)	\$150 (after ded.)
Inpatient Hospital	\$100 per day (after ded., \$400 max. per admission)	\$100 per day (after ded., \$400 max. per admission)
Outpatient Hospital	\$60@ASC/\$100 otherwise (after ded.)	\$60@ASC/\$100 otherwise (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$60	\$60
Non-Advanced Radiology (X-ray, Diagnostic)	\$30 (after ded.)	\$30 (after ded.)
Laboratory Services	\$10	\$10
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$20	\$20
Chiropractic Care (20 visit calendar maximum)	\$35	\$35
All Other Medical	40%	40%
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$10 / \$25 / \$40 / 20% (non- preferred brand and spec. after ded., \$60 max per spec. script)	\$10 / \$25 / \$40 / 20% (non- preferred brand and spec. after ded., \$60 max per spec. script)
2024 AVC Results	87.0%-87.4%	NA
2025 Draft AVC Approximate Change	86.2%-87.2%	87.0%-88.0%



Summary of 2025 Silver 94% CSR Plan AV Options

Benefit Category	2024 Individual Market Silver Plan (94%)	2025 Individual Market Silver Plan (94%) Option 1
Medical Deductible	\$0	\$0
Rx Deductible	\$0	\$0
Coinsurance	40%	40%
Out-of-pocket Maximum	\$1,050	\$1,150
Primary Care Specialist Care Urgent Care	\$10 \$30 \$25	\$10 \$30 \$25
Emergency Room	\$50	\$50
Inpatient Hospital	\$75 (\$300 max. per admission)	\$75 (\$300 max. per admission)
Outpatient Hospital	\$45@ASC/\$75 otherwise	\$45@ASC/\$75 otherwise
Advanced Radiology (CT/PET Scan, MRI) Non-Advanced Radiology (X-ray, Diagnostic) Laboratory Services	\$50 \$25 \$10	\$50 \$25 \$10
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$20	\$20
Chiropractic Care (20 visit calendar maximum) All Other Medical	\$30 40%	\$30 40%
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$5 / \$10 / \$30 / 20% (\$60 max per spec. script)	\$5 / \$10 / \$30 / 20% (\$60 max per spec. script)
2024 AVC Results	94.8%-95.0%	NA
2025 Draft AVC Approximate Change	94.6%-95.1%	94.3%-94.9%



Summary of 2025 Bronze Non-HSA Plan AV Options

Benefit Category	2024/2025 Bronze Non-HSA Plan	2025 Bronze Non-HSA Plan Option 1	2025 Bronze Non-HSA Plan Option 2
Combined Medical & Rx Deductible	\$6,550 (INN)/\$13,100 (OON)	\$6,550 (INN)/\$13,100 (OON)	\$6,400 (INN)
Coinsurance	40%	40%	40%
Out-of-pocket Maximum	\$9,100 (INN) /\$18,200 (OON)	\$9,100 (INN) /\$18,200 (OON)	\$8,000 (INN)
Primary Care	\$50	<mark>\$40</mark>	\$50
Specialist Care	\$70 (after ded.)	\$70 (after ded.)	\$70 (after ded.)
Urgent Care	\$75	\$75	\$75
Emergency Room	\$450 (after ded.)	\$450 (after ded.)	\$450 (after ded.)
Inpatient Hospital	\$500 per day (after ded., \$1,000 max. per admission)	\$500 per day (after ded., \$1,000 max. per admission)	\$500 per day (after ded., \$1,000 max. per admission)
Outpatient Hospital	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)	\$300@ASC/\$500 otherwise (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$75 (after ded.)	\$75 (after ded.)	\$75 (after ded.)
Non-Advanced Radiology (X-ray, Diagnostic)	\$40 (after ded.)	\$40 (after ded.)	\$40 (after ded.)
Laboratory Services	\$20	\$20	\$20
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$30 (after ded.)	\$30 (after ded.)	\$30 (after ded.)
Chiropractic Care (20 visit calendar maximum)	\$50 (after ded.)	\$50 (after ded.)	\$50 (after ded.)
All Other Medical	40% (after ded.)	40% (after ded.)	40% (after ded.)
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$20 / 50% / 50% / 50% (all but generic after ded., \$500 max per spec. script)	\$15 / \$50 / 50% / 50% (all but generic and preferred brand after ded., \$500 max per spec. script)	\$20 / 50% / 50% / 50% (all but generic after ded., \$500 max per spec. script)
2024 AVC Results	64.8%-65.0%	NA	NA
2025 Draft AVC Approximate Change	62.5%-62.8%	63.9%-64.3%	64.4%-64.8%

Summary of 2025 Bronze HSA Plan AV Options

Not subject to deductible: 4 of the 6 items permitted per IRS Notice 2019-45 for individuals diagnosed with diabetes listed below (subject to plan coinsurance)

- Insulin and other glucose lowering agents*
- Glucometer*
- Hemoglobin A1c testing
- Retinopathy screening

After deductible: maximums noted above to apply per state legislation on diabetes for any applicable service required by legislation but not included in IRS guidance noted above, such as blood glucose test strip, continuous glucometer, lancet, lancing device or insulin syringe

		STATE AND ADDRESS.
	Benefit Category	2024/2025 Bronze HSA Plan
Co	ombined Medical & Rx Deductible	\$6,500 (INN)/ \$13,000 (OON)
Co	pinsurance	20%
Oı	ut-of-pocket Maximum	\$7,225 (INN) /\$14,450 (OON)
Ra Ra ra Ha	rimary Care, Specialist Care, Urgent Care, Emergency com, Inpatient Hospital, Outpatient Hospital, Advanced adiology (CT/PET Scan, MRI), Non-Advanced Radiology (X-y, Diagnostic), Laboratory Services, Rehabilitative & abilitative Therapy (Physical, Speech, Occupational), niropractic Care	20% (after ded.)
Di	abetic Supplies	*20% (after ded.)
AI	l Other Medical	20% (after ded.)
G(R)	eneric / Preferred Brand / Non-Preferred Brand / Specialty	*20% / 25% / 30% / 30% (all after ded., \$500 max per spec. script)
20	024 AVC Results	64.8%-64.9%
20	25 Draft AVC Approximate Change	63.8%-64.0%



Thank You



Summary of Recommended Changes

Qualified Health Plans

Metal Level	Medical Deductible	Out-Of-Pocket Maximum	Primary Care	Pharmacy	Laboratory Services
Gold	\$1,300 → \$1,200				\$10 after ded → \$10 no ded
Silver (70%)					\$20 → \$25
Silver (73% CSR)	\$4,750 → \$5,000	\$7,475 → \$7,350			\$20 → \$25
Silver (87% CSR)	\$675 → \$475	\$2,925 → \$2,725			
Silver (94% CSR)		\$1,050 → \$1,150			
Bronze			\$50 →\$40	Generics - \$20 → \$15 Pref Brand - 50% after ded → \$50 no ded	
Bronze HSA					

Discussion and Votes

Plan Year 2025 QHP and SADP Standardized Plans



Adjournment

