



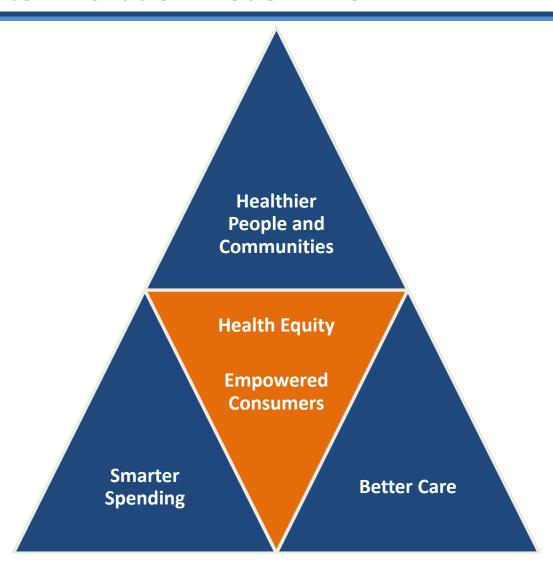


Connecticut SIM: Helping Consumers and Clinicians Row in the Same Direction

Access Health Connecticut
Board of Directors
June 8, 2016

Connecticut State Innovation Model Aims





Consumers and Clinicians- Rowing in Different Directions





How did we get here?







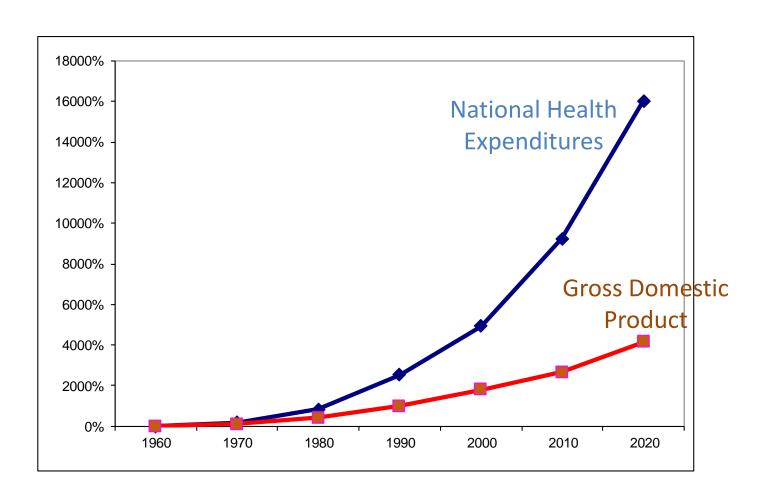


- Limited accountability
- Poorly coordinated
- Pays for quantity without regard to quality
- •Uneven quality and health inequities
- Limited data infrastructure
- •Unsustainable growth in costs



Healthcare Spending has Outpaced Economic Growth





Source: CMS, National Health Expenditure Data

US = Lowest Ranking for Safety, Coordination, Efficiency, Health SIM



Exhibit ES-1. Overall Ranking

1.00-2.33 2.34-4.66 4.67-7.00	*	+					
•	AUS	CAN	GER	NETH	NZ	UK	US
OVERALL RANKING (2010)	3	6	4	1	5	2	7
Quality Care	4	7	5	2	1	3	6
Effective Care	2	7	6	3	5	1	4
Safe Care	6	5	3	1	4	2	7
Coordinated Care	4	5	7	2	1	3	6
Patient-Centered Care	2	5	3	6	1	7	4
Access	6.5	5	3	1	4	2	6.5
Cost-Related Problem	6	3.5	3.5	2	5	1	7
Timeliness of Care	6	7	2	1	3	4	5
Efficiency	2	6	5	3	4	1	7
Equity	4	5	3	1	6	2	7
Long, Healthy, Productive Lives	1	2	3	4	5	6	7
Health Expenditures/Capita, 2007	\$3,357	\$3,895	\$3,588	\$3,837*	\$2,454	\$2,992	\$7,290

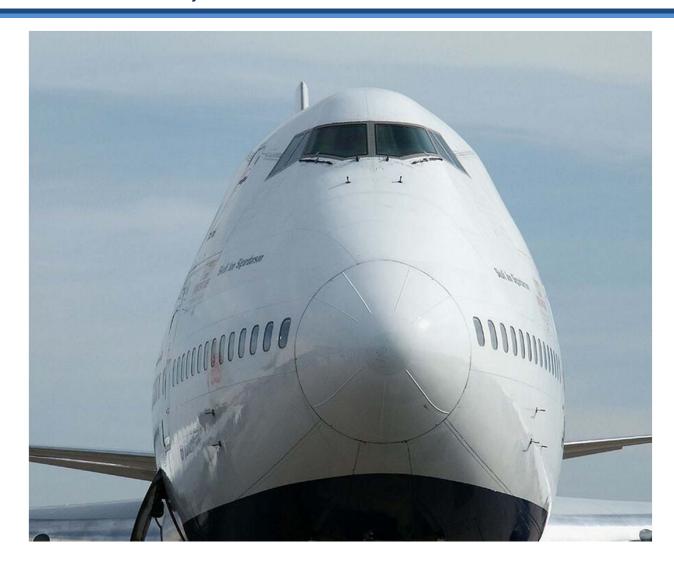
Note: * Estimate, Expenditures shown in \$US PPP (purchasing power parity).

Source: Calculated by The Commonwealth Fund based on 2007 International Health Policy Survey; 2008 International Health Policy Survey of Sicker Adults; 2009 International Health Policy Survey of Primary Care Physicians: Commonwealth Fund Commission on a High Performance Health System National Scorecard; and Organization for Economic Cooperation and Development, OECD Health Data, 2009 (Paris: OECD, Nov. 2009).

Source: Commonwealth Fund: http://www.commonwealthfund.org/publications/press-releases/2010/jun/us-ranks-last-among-seven-countries

Medical Errors Result in 195,000 Deaths Per Year in the US





How about Connecticut?

What about Connecticut Healthcare Costs?

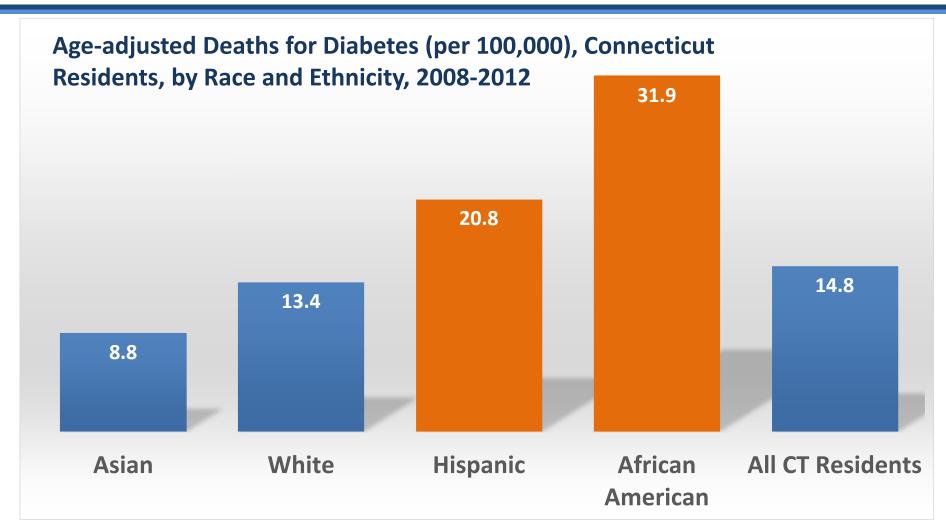


Healthcare Spending in Connecticut is more than \$30 billion, the fourth highest of all states for healthcare spending per capita

Source: CMS (2011) Health Spending by State of Residence, 1991-2009. http://www.cms.gov/mmrr/Downloads/MMRR2011 001 04 A03-.pdf

Health disparities persist in Connecticut





Source: CT DPH, Vital Records Mortality Files, 2008-2012 data.

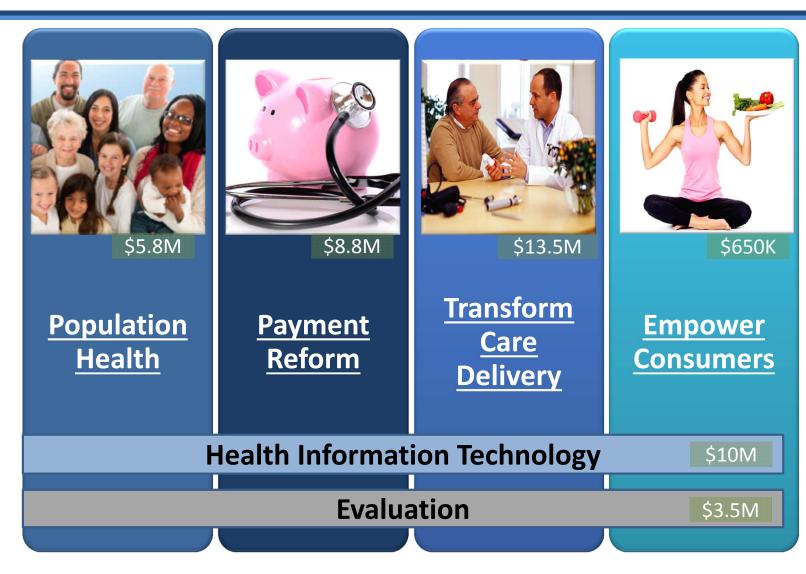


Who needs to change their direction?



CT SIM: Primary Drivers to achieve Our Aims





CT SIM: Primary and Secondary Drivers to achieve Aims



Population Health Plan

Health Enhancement Communities Prevention Service Centers Community
Health
Measures

Stakeholder Engagement

Payment Reform Across Payers

Medicare SSP Commercial SSP

Medicaid QISSP Quality Measure Alignment

Transform Care Delivery

Community & Clinical Integration Program

Advanced Medical Home

Community
Health
Workers

Health IT

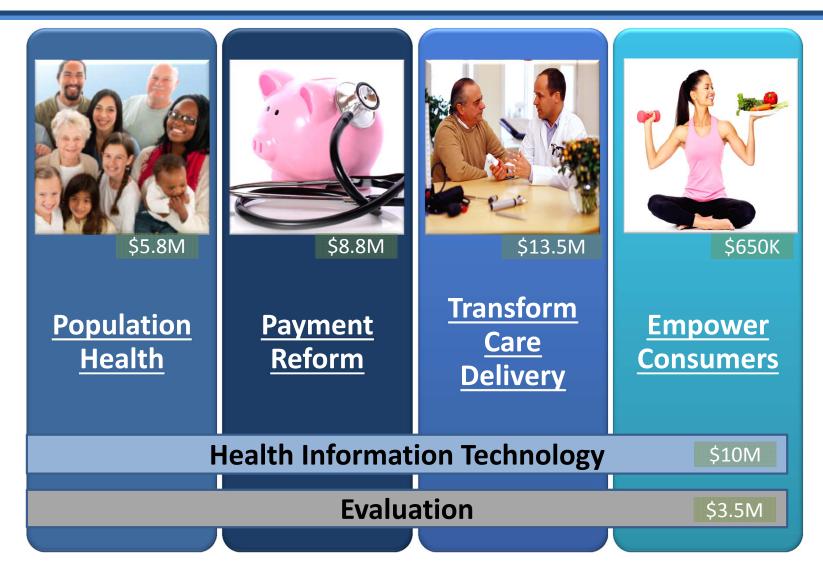
Empower Consumers

Value Based Insurance Design Public Quality Scorecard

Consumer Outreach

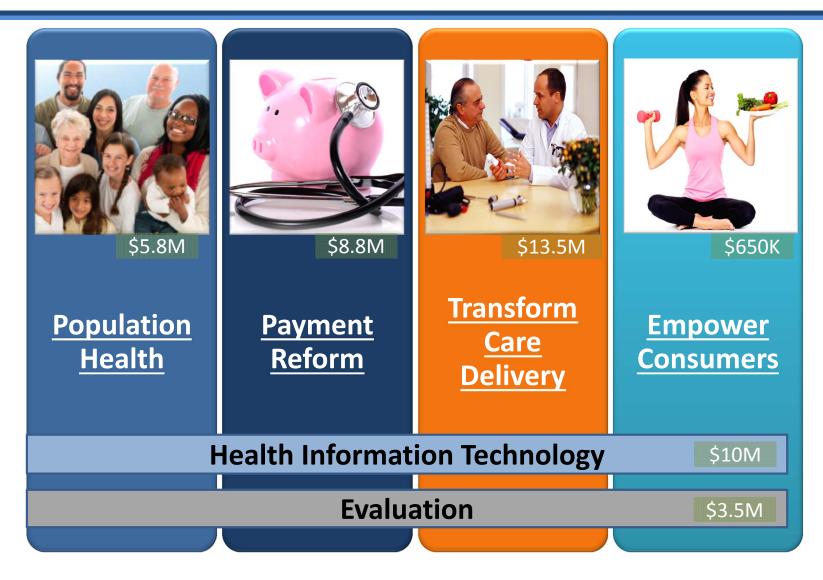
CT SIM: Primary Drivers to achieve Our Aims





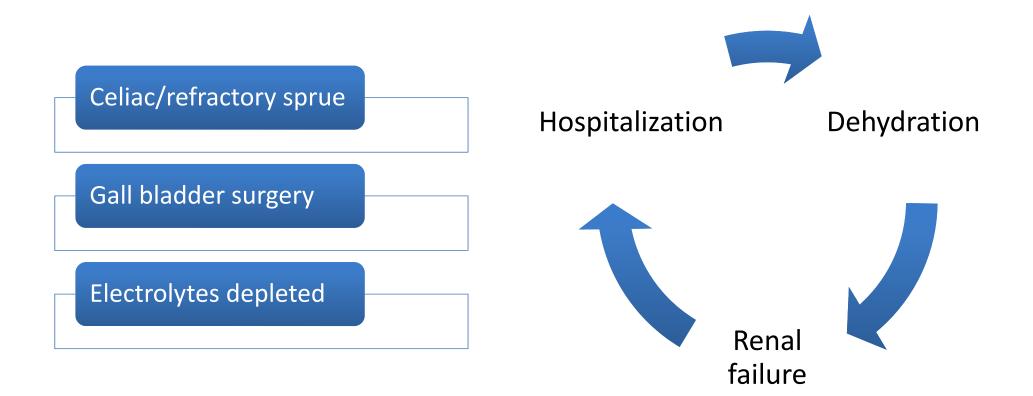
CT SIM: Primary Drivers to achieve Aims





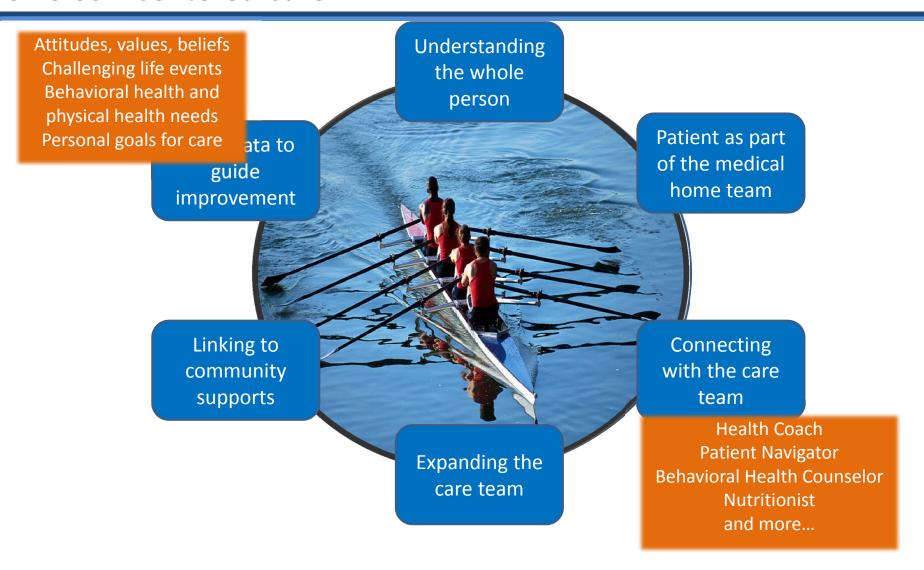
Hannah's story...





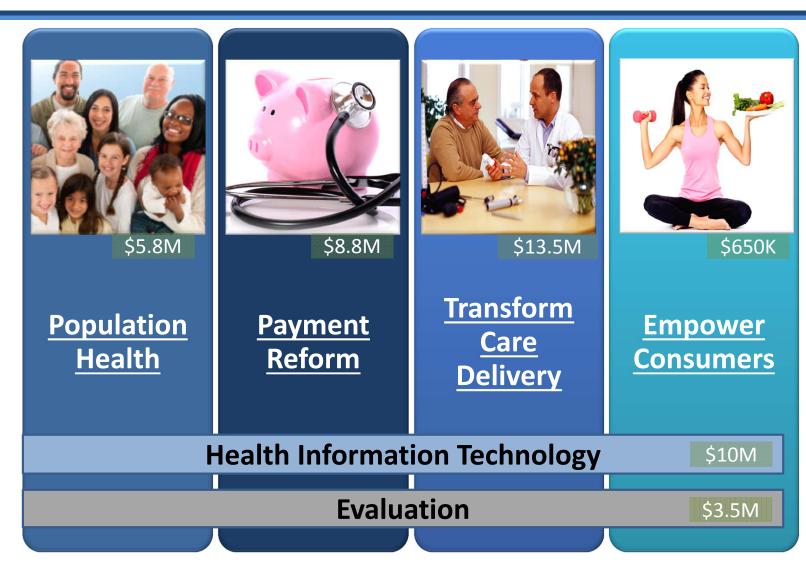
Whole Person-Centered Care





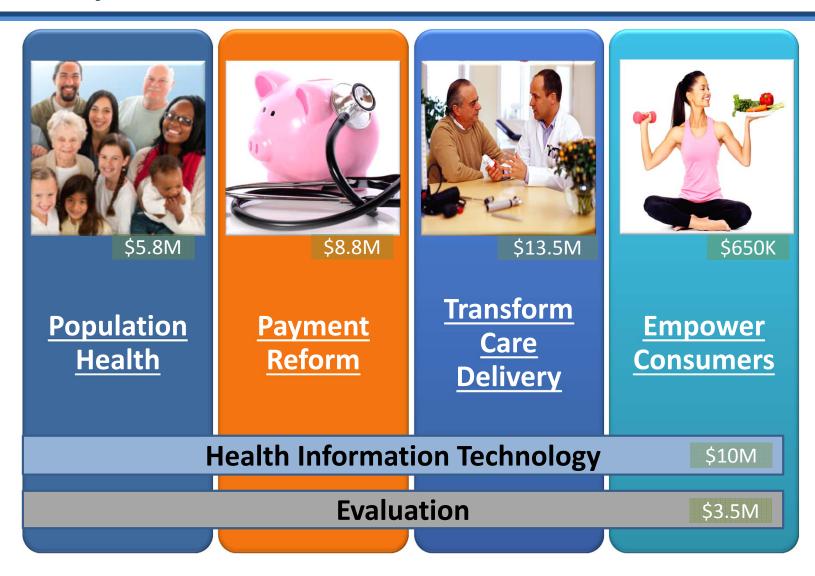
CT SIM: Primary Drivers to achieve Our Aims





CT SIM: Primary Drivers to achieve Aims





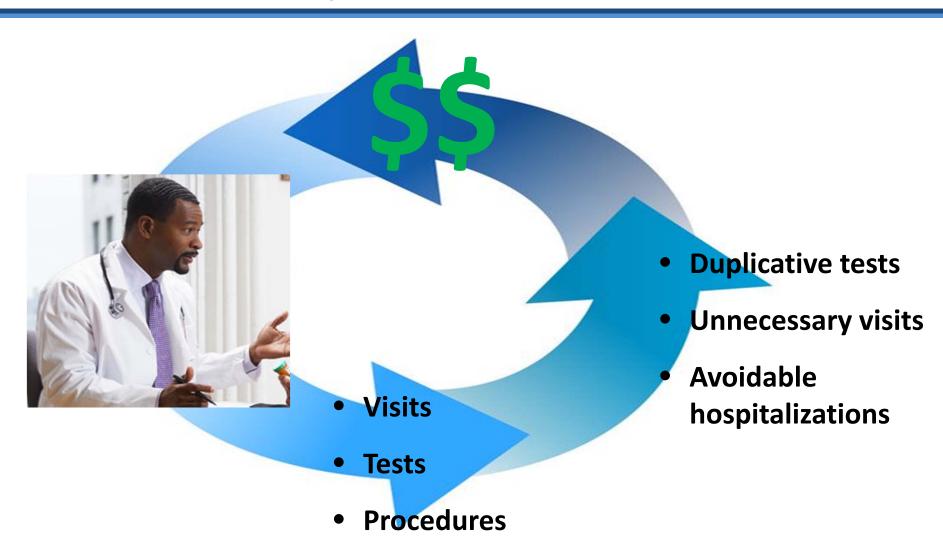


I go to the doctor and do what she says, but I keep ending up in the emergency room! I might be able to help this patient with a more creative approach, but I can only get reimbursed for visits and procedures.



Incentives in healthcare today...





When you have a hammer...



In 2011, 1 in 10 spinal fusions under Medicare were unnecessary =

\$157 million wasted





Source: http://www.usatoday.com/story/news/nation/2013/06/18/unnecessary-surgery-usa-today-investigation/2435009/

Changing incentives in healthcare...







My doctor only saw me for 15 minuteshow can she understand what's causing all of my health problems?

I have ten more patients waiting to see me, and a ton of data entry.



What we pay for....and what we don't pay for







- E-mail
- Phone-call
- Education
- Health coach
- Coordination of care
- Time to learn about you!

Iora Health – Using a flexible team to improve care







Balancing Act: Moving from Fee-for-service to Value-Based Care SIM





Measuring Quality





Measuring Quality





Today: Process Measures

Did you get your blood sugar tested?



National Consensus to move to: Process & Outcome Measures

Is your blood sugar at a healthy level?

Paying For Quality



Quality Performance Scorecar							
	30%	40%	50%	60%	70%	80%	90%
Care Experience							
PCMH CAHPS							
7 e Coordination							
All-cause Readmissions							
Prevention							
Breast Cancer Screening							
Colorectal Cancer Screening							
Health Equity Gap							
Chron & Acute Care							
iabetes A1C Poor Control							
Health Equity Gap							
Pertension Control							
Health Equity Gap							

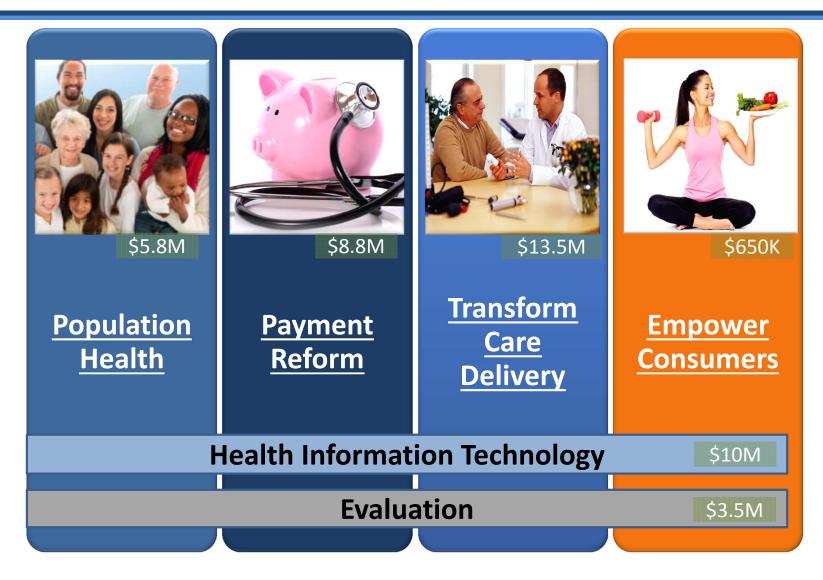
CT SIM: Primary Drivers to achieve Our Aims





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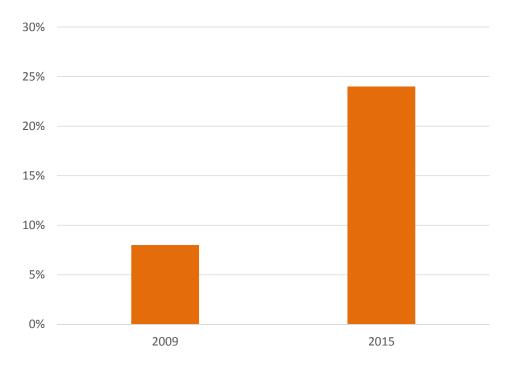
My deductible is so high!!!
I can't always afford my medication.

Why is my patient skipping her medications?



How High Deductibles affect your costs





High Deductible Health Plans are increasingly being used by employers

In 2015, 24% of all workers were enrolled in one, up from 8% in 2009

Incentivizing Value: Rewarding Chronic Disease Management











Money in your pocket



The Importance of Preventive Care



Less than half of adults over 50 are up to date on colorectal cancer screening

14,000 lives would be saved per year if 90% were up to date

Source: https://www.prevent.org/Reports-and-Articles/Preventive-Care.aspx

Incentivizing Value: Getting Your Preventive Care



Typical insurance plan:

Higher premiums

No obligations



Lower premium if you get your...

Colorectal cancer screening

Breast cancer screening

Well-visits

Dental visits

Cholesterol checks



Incentivizing Value: Choosing High Value Providers





	30%	40%	50%	60%	70%	80%	90%
Care Experience							
PCMH CAHPS							
Care Coordination	\						
All-cause Readmissions							
Prevention							
Breast Cancer Screeni							
Colorectal Cancer Sc							
Health Equity (
Chronic & Acute Car							
Diabetes A1C Poor Control							
Health Equity Gap							
Hypertension Control							
Health Equity Gap							







In 2011,

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Source: http://www.usatoday.com/story/news/nation/2013/06/18/unnecessary-surgery-usa-today-investigation/2435009/

Incentivizing Value: Shared Decision Making



Surgery decision aids have led to...

26% fewer hip replacement surgeries

38% fewer knee replacements

Is surgery the right choice for me?



Source: http://www.commonwealthfund.org/Publications/In-the-Literature/2012/Sep/Decision-Aids.aspx

The Doctor-Patient Interaction



This is your diagnosis.

These are the procedures you need.

You have to make a number of changes in your lifestyle.

You have to take your medications as directed.



Tell me what I need to do to get better?

Empowering Patients for their health and healthcare



What do you understand about your condition?

What else is going on in your life right now?

What are your goals for treatment?

Would you like to work with a health coach?



There are some things I don't understand about my condition. Can you explain?

What are my options for treatment? Pros, cons?

How can I learn more about choosing a specialist?

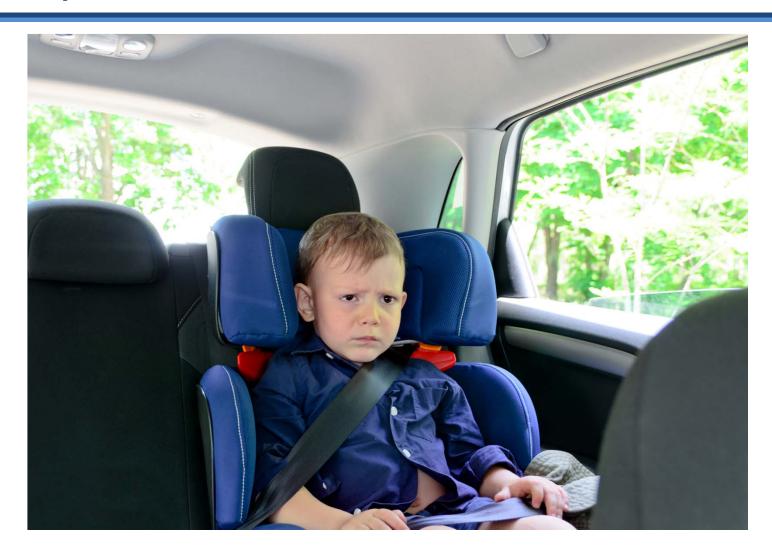
We're in this Together: Rowing in the Same Direction





Are we there yet?







Value-Based **Payment**



Fee-For-Service

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CT SIM Program Management Office

