Access Health CT

Health Plan Benefits & Qualifications (HPBQ) Advisory Committee

December 13, 2017



Today's Agenda

- A. Call to Order and Introductions
- B. Public Comment
- C. Vote: November 29, 2017 Meeting Minutes
- D. Certification Requirements
 - Certification Review Schedule
 - Standardized Plan Designs for 2019 (Vote if necessary)
 - Follow-Ups from Previous Meetings
 - Non-Standard Silver Plans in Individual Market (Vote if necessary)
 - Lowest Cost Silver Plan in Individual Market (Vote if necessary)
 - Tobacco Surcharge
 - Broker Compensation
 - Certification Requirements Policy
- E. Next Steps
- F. Adjournment



Public Comment (2 Minutes per Commenter)



> Vote

• November 29, 2017 Meeting Minutes



Certification Requirements

Certification Review Schedule

Certification Review Topics	2017/2018 Discussion Date	Status	
Requirement to submit Standardized Plan Designs	September & October	Completed	
Plan Mix (Standard/Non-Standard Plan Offerings)	September & October	Outstanding Items	
Pediatric Dental Coverage in Medical Plans	September & October	Deferred to 12/13/17	
Lowest Cost Silver Plan in the Individual Market	September & October	Pending additional review	
Essential Health Benefits (EHB) Benchmark Plan	November		
Prescription Drug Formulary Standards	November	Completed	
Network Adequacy Standards	November	Completed	
Essential Community Provider (ECP) Contracting Standards	November		
Tobacco Surcharge	December	Scheduled (12/13/17)	
Broker Compensation	December	Scheduled (12/13/17)	
Certification Requirements Policy	December - January	Scheduled (12/13/17, 1/10/18)	
Standardized Plan Development - Medical	December – February	Scheduled (12/13/17, 1/10/18, 2/7/18)	
Plan Mix – Stand-Alone Dental Plans (SADPs)	January - February	Scheduled (1/10/18, 2/7/18)	
Standardized Plan Development – SADP	January - February		



>Standardized Plans for 2019



Access Health CT

2019 Individual Market Standard Plan Designs

PRESENTED BY

December 13, 2017

Julie Andrews, FSA, MAAA – Sr. Consulting Actuary Brittney Phillips, ASA, MAAA – Consulting Actuary

Agenda

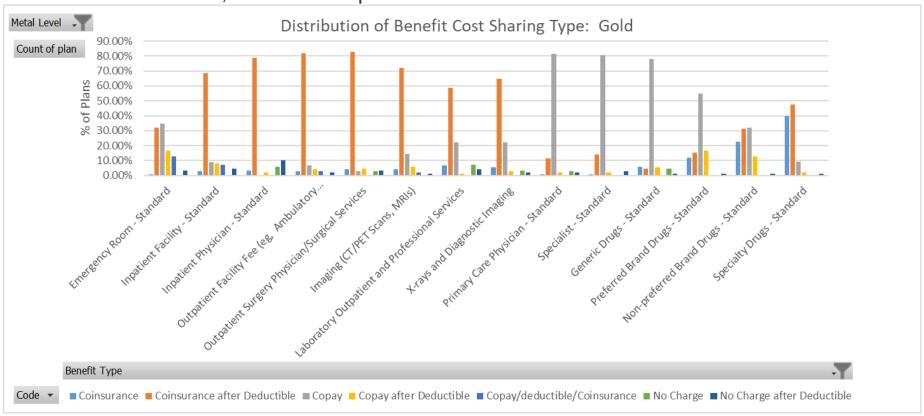
- 1. 2018 Plan Overview
- 2. 2019 Plan Design Review
 - Regulatory Changes
 - Federal AVC Changes
 - Notes and Caveats
 - Maximum Copays
 - Summary of Proposed Changes
 - Proposed Plan Designs



2018 Plan Overview



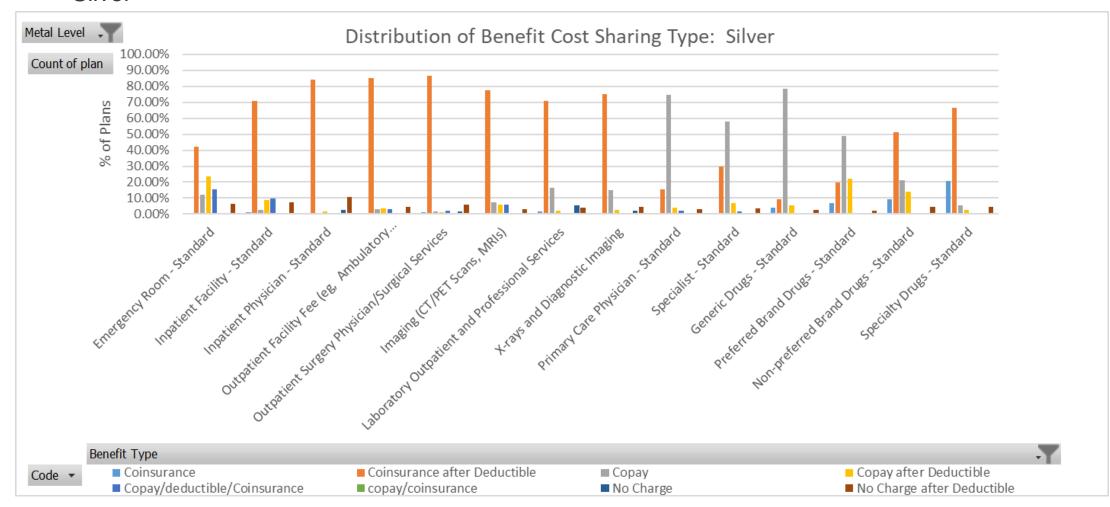
- Summary of 39 state Federal Exchange and Partnership plan offerings
- Comparison of unique plan combinations based on key service categories from AV Calculator
 - Excluded plans labeled as HSA
 - If a tiered network, Tier 1 detail presented



https://data.healthcare.gov/dataset/QHP-PY2018-Medi-Indi-Land/hd64-a3rh https://www.cms.gov/CCIIO/Resources/Data-Resources/marketplace-puf.html#

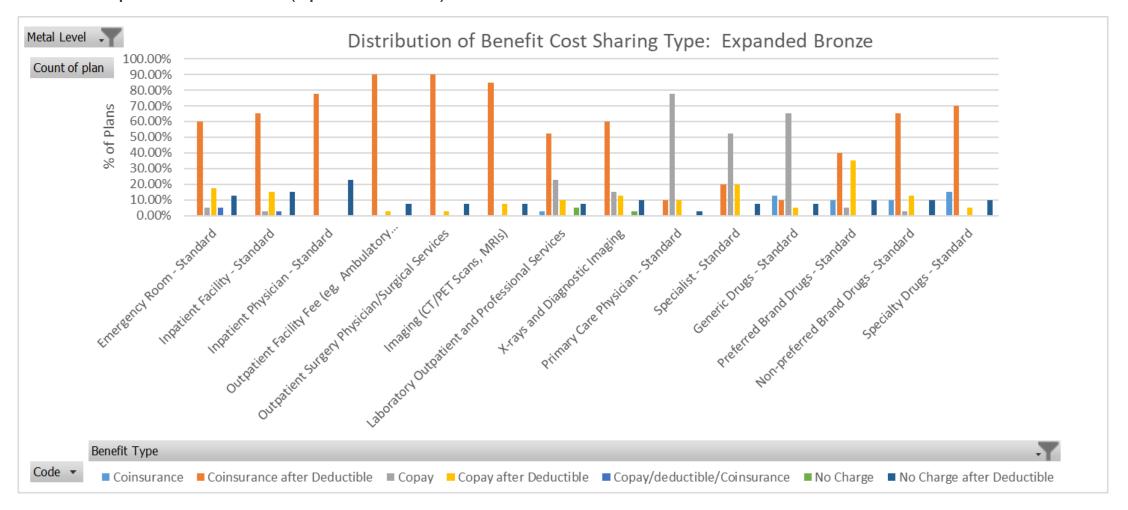


Silver



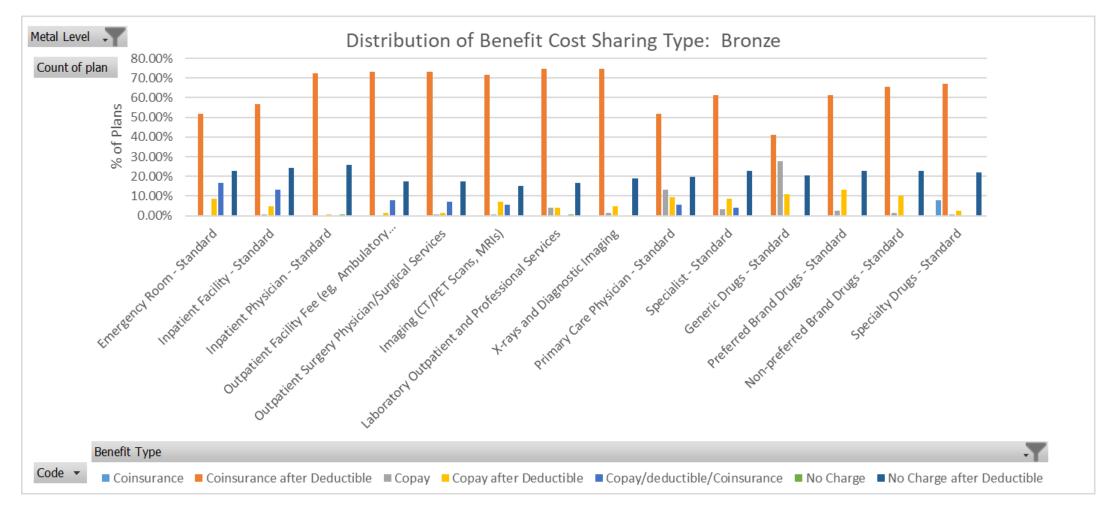


Expanded Bronze (up to 65% AV)



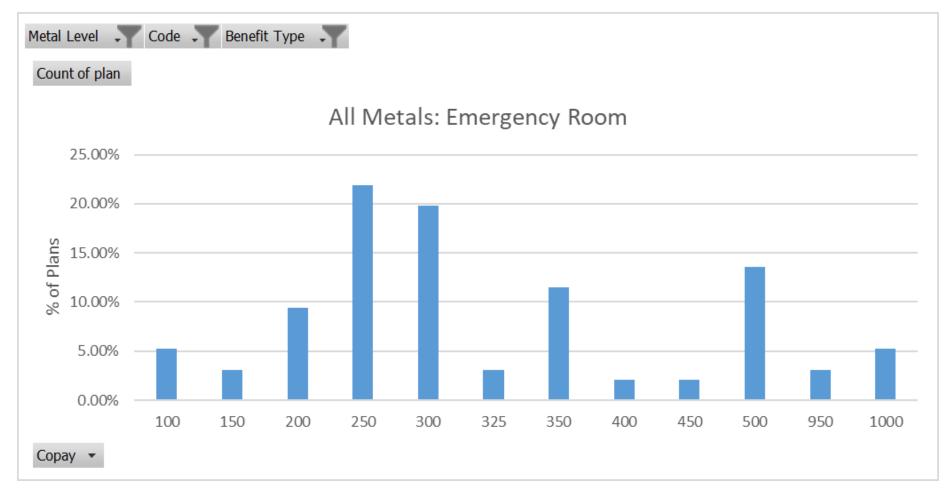


Bronze



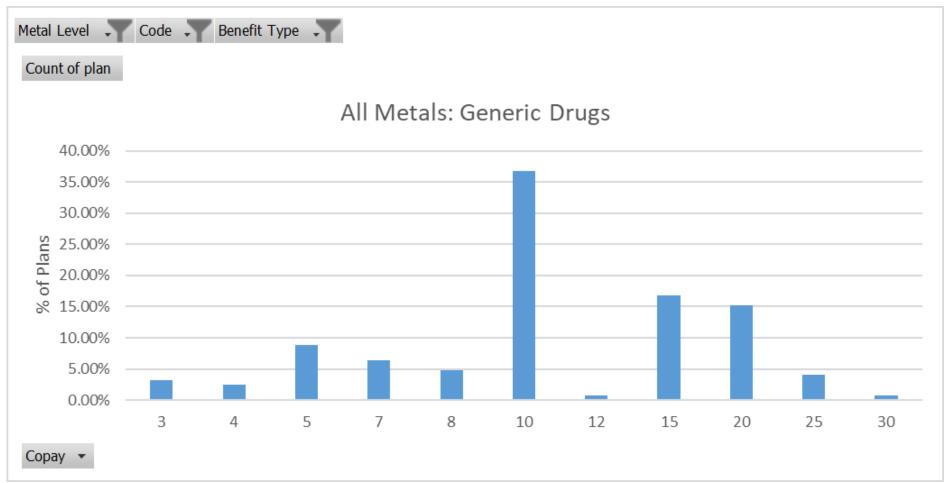


- Emergency Room copays: w/ Deductible, w/o Deductible, w/ Coinsurance
 - HC 109 Bulletin Max: \$200



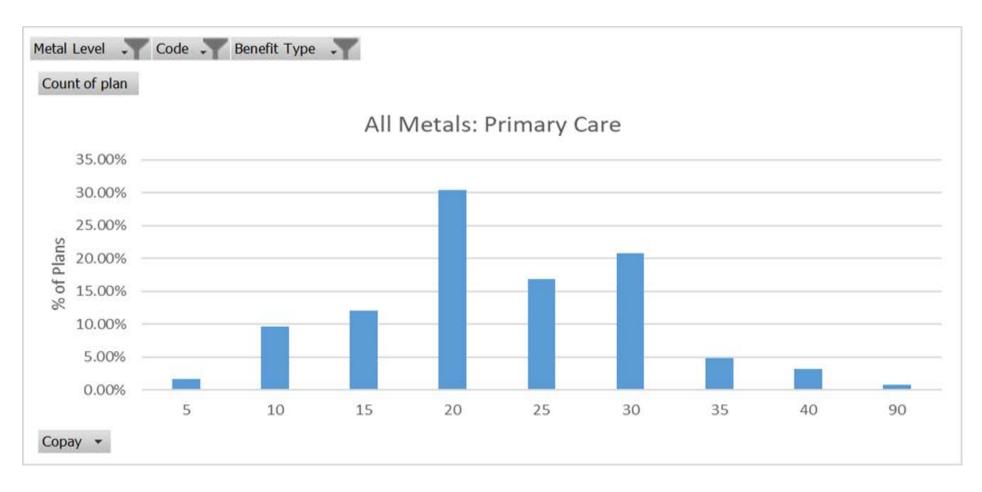


- Generic Drug copays: w/ Deductible, w/o Deductible, w/ Coinsurance
 - HC 109 Bulletin Max: \$5



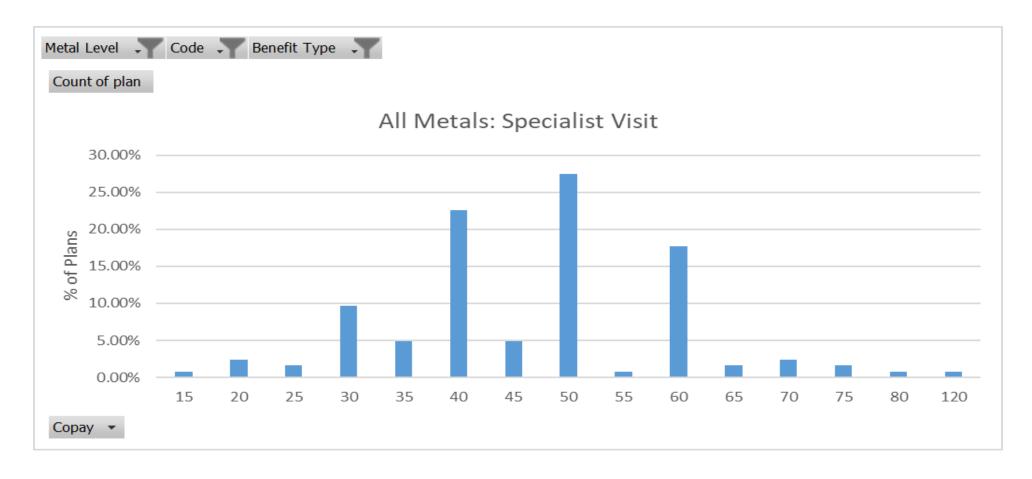


- Primary Care copays: w/ Deductible, w/o Deductible, w/ Coinsurance
 - HC 109 Bulletin Max: \$40





- Specialist Care copays: w/ Deductible, w/o Deductible, w/ Coinsurance
 - HC 109 Bulletin Max: \$50





2019 Plan Design Review



Regulation Changes for 2019

- Proposed annual limitation on cost sharing was increased to \$7,900 (from \$7,350 in 2018)
 - Note: This limit does not apply to HSA qualified High Deductible Health Plans (HDHPs). That limit is released by the IRS in the spring.
 - CSR Variations proposed annual limitation on cost sharing
 - 100-150% FPL: \$2,600/\$5,200 (single/family)
 - 150%-200% FPL: \$2,600/\$5,200 (single/family)
 - 200%-250% FPL: \$6,300/\$12,600 (single/family)
- Expanded bronze "de minimis" range allows bronze plans with certain designs to have an AV between 58% and 65% (compared to 58% and 62% prior to 2018).
 - Applicable plans include HDHP plans, or plans that cover at least one major service, other than preventive, prior to the deductible.



Changes to the Federal AVC for 2019

- Data underlying the calculator was not updated from prior year
 - Updated annual trend factors to project 2015 claims to 2018 using 3.25% for medical claims and 11.5% for pharmacy claims.
 - Updated annual trend factors to project 2018 claims to 2019 using 5.40% for medical claims and 11.5% for pharmacy claims.



Notes and Caveats

- Federal HDHP minimum deductible and MOOP limits are not yet released for 2019.
 - The 2018 minimum single deductible and MOOP are \$1,350 and \$6,650, respectively.
 - The proposed plan designs do not make changes to either the HDHP deductible or MOOP.
- The cost sharing shown on the following slides represents costs for in-network services only.
- The deductible and MOOP limits shown are for individuals. The family limits are 2x the individual limit for all plans.
- Preventive care is covered at no cost to the member for all plans.
- Mental Health cost sharing is the same as Primary Care for all plans.



Maximum Copays

 CID Bulletin HC-109 specified maximum benefit copays.

Service Category	Maximum Copay
Durable Medical Equipment	\$25
Home Health Care	\$25
Ambulance	\$225
Laboratory	\$10
Routine Radiology Services	\$40
PCP Office Visit	\$40
Specialist Office Visit	\$50
Urgent Care	\$75
Emergency Room	\$200
Inpatient Admission	\$500/day up to \$2,000
Outpatient Surgery/Services	\$500
Generic Drug	\$5
Brand Drug	\$60
Physical Therapy*	\$30

 On the following slides, copays at these maximums are shown with an asterisk (*)



Summary of AV Changes

Individual Market	Gold	Silver	Bronze	Bronze HSA
Permissible AV Range	78.0%-82.0%	68.0%-72.0%	58.0%-65.0% ¹	58.0%-65.0% ¹
2018 AV	81.7%	71.5%	63.9%	61.2%
2019 AV	82.5%	72.8%	65.2%	62.4%

¹ Bronze plan designs are eligible for new expanded "de minimis" range

Individual Market - CSR Plan Variations	73% AV CSR	87% AV CSR	94% AV CSR
Permissible AV Range	72.0%-74.0% ²	86.0%-88.0%	93.0%-95.0%
2018 AV	73.6%	87.9%	94.9%
2019 AV	74.8%	88.5%	95.2%

² 73.0% CSR Silver must be have a differential of 2.0%+ with Standard Silver



2019 - Individual Market Gold Plan, 80% AV

	2018 Individual Market Gold	2019 Individual Market Gold Plan - Option 1	
Medical Deductible	\$1,250	\$1,300	
Rx Deductible	\$50	\$50	
Coinsurance	30%	30%	
Out-of-pocket Maximum	\$4,400	\$5,000	
Primary Care	\$20	\$20	
Specialist Care	\$40	\$40	
Urgent Care	\$50	\$50	
Emergency Room	\$200	\$200	
Inpatient Hospital	\$500 per day (after ded., \$1,000 max. per admission)	\$500 per day (after ded., \$1,000 max. per admission)	
Outpatient Hospital	\$500 * (after ded.)	\$500 * (after ded.)	
Advanced Radiology (CT/PET Scan, MRI)	\$65	\$65	
Non-Advanced Radiology	\$40 *	\$40 *	
(X-ray, Diagnostic)	(after ded.)	(after ded.)	
Laboratory Services	\$10 *	\$10 *	
·	(after ded.)	(after ded.)	
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$20	\$20	
Chiropractic Care 20 visit calendar maximum	\$40	\$40	
All Other Medical	30%	30%	
Generic / Preferred Brand / Non- Preferred Brand / Specialty Rx	\$5 * / \$25 / \$50 / 20% (spec. after ded., \$100 max per spec. script)	\$5 * / \$25 / \$50 / 20% (spec. after ded., \$100 max per spec. script)	
2018 AVC Results	81.7%	N/A	
2019 AVC Results	82.5%		
Difference	0.9%	0.3%	



2019 - Individual Market Silver Plan, 70% AV

	2018 Individual Market	2019 Individual Market
	Silver	Silver Plan - Option 1
Medical Deductible	\$3,700	\$4,300
Rx Deductible	\$250	\$250
Coinsurance	40%	40%
Out-of-pocket Maximum	\$7,350	\$7,900
Primary Care	\$40 *	\$40 *
Specialist Care	\$50 *	\$50 *
Urgent Care	\$75 *	\$75 *
Emergency Room	\$200 *	\$200 *
Efficiency Rooffi	(after ded.)	(after ded.)
	\$500 per day	\$500 per day
Inpatient Hospital	(after ded., \$2,000 max.	(after ded., \$2,000 max.
	per admission) *	per admission) *
Outpatient Hespital	\$500 *	\$500 *
Outpatient Hospital	(after ded.)	(after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$75	\$75
Non-Advanced Radiology	\$40 *	\$40 *
(X-ray, Diagnostic)	(after ded.)	(after ded.)
Laboratory Compiess	\$10 *	\$10 *
Laboratory Services	(after ded.)	(after ded.)
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$30 *	\$30 *
Chiropractic Care 20 visit calendar maximum	\$50	\$50
All Other Medical	40%	40%
Generic / Preferred Brand / Non- Preferred Brand / Specialty Rx		\$5 * / \$35 / \$60 * / 20% (all but generic after ded., \$200 max per spec. script)
2018 AVC Results	71.5%	N/A
2019 AVC Results	72.8%	·
Difference	1.2%	0.4%



2019 - Individual Market Bronze Non-HSA Plan, 60% AV

	2018 Individual Market Bronze Non-HSA	2019 Individual Market Bronze Non-HSA Plan - Option 1
Combined Medical & Rx Deductible	\$6,000	\$6,000
Coinsurance	40%	40%
Out-of-pocket Maximum	\$7,350	\$7,900
Primary Care	\$40 *	\$40 *
Specialist Care	\$50 * (after ded.)	\$50 * (after ded.)
Urgent Care	\$75 *	\$75 *
Emergency Room	\$200 * (after ded.)	\$200 * (after ded.)
Inpatient Hospital	\$500 per day (after ded., \$1,000 max. per admission)	admission)
Outpatient Hospital	\$500 * (after ded.)	\$500 * (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	\$75 (after ded.)	\$75 (after ded.)
Non-Advanced Radiology	\$40 *	\$40 *
(X-ray, Diagnostic)	(after ded.)	(after ded.)
Laboratory Services	\$10 * (after ded.)	\$10 * (after ded.)
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	\$30 * (after ded.)	\$30 * (after ded.)
Chiropractic Care 20 visit calendar maximum	\$50 (after ded.)	\$50 (after ded.)
All Other Medical	40% (after ded.)	40% (after ded.)
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	\$5 * / 50% / 50% / 50% (all but generic after ded., \$500 max per spec. script)	\$5 * / 50% / 50% / 50% (all but generic after ded., \$500 max per spec. script)
2018 AVC Results	63.9%	N/A
2019 AVC Results	65.2%	64.6%
Difference	1.3%	0.7%



2019 - Individual Market Bronze HSA Plan, 60% AV

	2018 Individual Market Bronze HSA
Combined Medical & Rx Deductible	\$5,685
Coinsurance	10%
Out-of-pocket Maximum	\$6,550
Primary Care	10% (after ded.)
Specialist Care	10% (after ded.)
Urgent Care	10% (after ded.)
Emergency Room	10% (after ded.)
Inpatient Hospital	10% (after ded.)
Outpatient Hospital	10% (after ded.)
Advanced Radiology (CT/PET Scan, MRI)	10% (after ded.)
Non-Advanced Radiology (X-ray, Diagnostic)	10% (after ded.)
Laboratory Services	10% (after ded.)
Rehabilitative & Habilitative Therapy (Physical, Speech, Occupational) Combined 40 visit calendar year maximum, separate for each type	10% (after ded.)
Chiropractic Care 20 visit calendar maximum	10% (after ded.)
All Other Medical	10% (after ded.)
Generic / Preferred Brand / Non-Preferred Brand / Specialty Rx	10% / 15% / 25% / 30% (all after ded., \$500 max per spec. script)
2018 AVC Results	61.2%
2019 AVC Results	62.4%
Difference	1.2%







➤ Refer to Separate Handout For Additional Plan Designs for Consideration



Follow-Ups from Previous Meetings

Plan Mix - Medical

Current Guidelines: Number of Plans Permitted per Issuer							
	Individua	al Market	Small Group Market*				
	Standardized	Non-Standard	Standardized	Non-Standard			
Platinum	1 (Optional)	2	0	4 (Optional)			
Gold	1	3	0	Min 1 – Max 6			
Silver	1	3	0	Min 2 – Max 6			
Bronze	2	3	0	Min 2 – Max 4			
Catastrophic	N/A	1	N/A	N/A			
TOTAL	4 Required / 1 Optional	12 Optional	0 Required	5 Required / 15 Optional			
Maximum	17		2	0			

2018 Submitted Plans

20 in Individual market (two issuers):

- 8 standardized plans (no Platinum)
- Non-standard plans: 1 Gold,
 5 Silver, 4 Bronze and
 2 Catastrophic

14 in Small Group market (two issuers):

- Non-standard plans:
- 1 Platinum, 3 Gold, 5 Silver, 5 Bronze

^{*}Effective for the 2018 plan year, AHCT removed the requirement for Issuers to submit standardized plans for SHOP; The minimum count of plans are required to include out-of-network coverage and include pediatric dental EHBs



Should AHCT eliminate the option for carriers to submit non-standard Silver plans in the Individual Market?

	Reasons not to eliminate		Reasons to eliminate
•	Provides consumers with additional plan choices	•	May reduce administrative and operational costs for both AHCT and carriers
•	May result in increased competition, and		
	potentially, lower rates	•	May result in improved understanding of plan benefits (i.e., health literacy) with focus on fewer
•	If non-standard plans are not also available, could result in fewer innovative plan design offerings		plans
	through the exchange	•	Premium subsidy may increase with elimination of a non-standard plan that would otherwise be
•	High risk probability of market disruption, member confusion and reduction in auto-renewal efforts if non-standard plans are eliminated		designated as the second lowest cost Silver plan (SLCSP) when priced slightly above the standardized Silver plan



Discussion on vote to recommend eliminating the option for issuers to submit non-standard Silver plans in the Individual Market

Should AHCT eliminate the requirement that the lowest cost Silver plan in the Individual Market be the AHCT standardized plan?

	Reasons not to eliminate the requirement		Reasons to eliminate
•	Results in 'affordability' (as defined by ACA) of the AHCT standardized Silver plan	•	May result in overall reduction in premium for Silver plans as a result of increased competition
•	Could result in the calculation of PTCs based on non-standard Silver plans (when available) that are less costly due to features such as: different product type, narrow network composition, streamlined formulary, most services subject to annual plan deductible, HSA-compatible plans, exclusion of pediatric dental coverage (if an ACA compliant stand-alone dental plan is available)		
•	Could result in lower out-of-pocket plan costs for consumers		
•	Could result in significant movement from current plan selection to an alternative plan at renewal for many enrollees in an attempt to minimize premium impact, as the amount of premium tax credit (PTC) might be based on a lower cost plan		



Discussion on vote to recommend eliminating the requirement that the lowest cost Silver plan in the Individual Market be the AHCT standardized Silver plan



> Additional Certification Requirements

Tobacco Use Surcharge: Regulations & Guidance

45 C.F.R §147.102

- Tobacco surcharge permitted (cannot vary by more than 1.5:1 vs premium rate for non-smokers)
- May only be applied for those who may legally use tobacco under federal and state law
- Tobacco use is defined as consumption of tobacco on average four or more times per week (within no longer than the past 6 months) & includes all tobacco products, except religious/ceremonial use
- Tobacco use must also be defined in terms of when a tobacco product was last used

26 C.F.R §1.36B-3(e)

• The premium tax credit amount may not include any adjustments for tobaccouse

Connecticut General Statute §38a-567

• Tobacco use is not an allowed case characteristic & is therefore not applicable in the small employer market in Connecticut

AHCT Certification Guidance

 Per March 7, 2017 vote by Board of Directors, effective for the 2018 plan year, inclusion of a tobacco surcharge in the premium rates for QHPs in the Individual Market is permitted

Tobacco Use Surcharge System & Operational Considerations

Topic	High Level Business Impacts	Status
Plan Management Portal	 Modify database to accept 2 sets of rates (tobacco/non-tobacco) for applicable age bands/rating areas for each submitted plan 	TBD
Anonymous Browsing & Enrollment	 Add questions regarding tobacco usage/last time tobacco was used for all potential enrollees legally allowed to use tobacco (primary & dependents) to determine whether surcharge should apply Modify system to select appropriate tobacco/non-tobacco rate for each enrollee to provide accurate estimate of plan costs Adjust premium calculation to add tobacco surcharge after the premium tax credit calculation is performed Include 'tool tip' outlining whether tobacco use would apply to a specific individual (e.g., tobacco type, frequency & duration of use) 	TBD
Database Storage	Tobacco use indicator to be stored within AHCT database, including time periods for which it applies	TBD
Electronic Data Interchange	Transmit tobacco use indicator and/or date tobacco last used to carrier	TBD
Affordability Exemption	Must take into account premium rates including tobacco surcharge	TBD
Auto-Enrollment	Tobacco use status for existing enrollees is unknown, therefore further discussions regarding process to include for those eligible for auto-enrollment is needed	TBD



Broker Compensation

AHCT Board of Directors Votes

1/26/17: To require any health carrier offering a health insurance plan through the Exchange to pay a commission to an insurance producer or broker who assists an individual or small employer in enrolling in a health insurance plan through the Exchange 3/7/17: To require that the amount of commission a carrier pays to a producer or broker who assists an individual or small employer enrolling in a health insurance plan through the Exchange be similar to the amount of commission the carrier pays to producers or brokers who assist individuals or small employers in enrolling in health plans outside of the Exchange

AHCT QHP Solicitation: Plan Year 2018*

Commissions on the exchange must be "similar" to a carrier's commission off exchange. Commissions will be deemed similar if the following conditions are met:

- A commission is payable on the exchange for a plan if the carrier pays a commission for a comparable plan and service functions off exchange
- A comparable plan is one at the same metal tier or a subset of that tier if commissions are limited to a specific type of offering such as a plan sold in conjunction with a tax qualified health spending account
- If a carrier does not offer plans off exchange, a commission shall be payable based upon a comparable plan of an affiliate. In the case there is not affiliate, a commission shall be payable based upon a comparable plan of other carriers participating on the exchange

Certification Requirements Policy

- AHCT Policy titled "Establishing Requirements for Certification, Recertification and Decertification of Qualified Health Plans"* was adopted by the AHCT Board of Directors on 11/29/2012
 - Excerpts of the document:
 - The Exchange shall establish requirements for certification, recertification and decertification of qualified health plans ("QHPs") in accordance with the requirements of the Affordable Care Act ("ACA"), 45 CFR Parts 155 and 156 and CGS §§ 38a-1080 et seq. (the "Exchange Act").
 - Members of the Exchange staff (the "Staff"), in consultation with the Exchange's Health Plan Benefits and Qualifications Advisory Committee (the "Committee"), are charged with evaluating options and making recommendations to the Board of the Exchange regarding requirements for the certification, recertification and decertification of QHPs. The Staff and the Committee will be assisted by a subject matter expert designated by the Connecticut Insurance Department.
 - References specific items that the Committee would review for inclusion in certification requirements
 - Outlines that the Committee will take into account recommendations of the Consumer Experience and Outreach Advisory Committee as well as federal and state regulations and guidance
 - AHCT will be revising the document to make a technical correction to contact information included

Next Steps

- Consider need for additional HPBQ AC meetings and survey on potential dates
- Next Meeting scheduled for January 10th
 - Agenda topics outlined on slide 6
 - Includes continuation of discussion regarding 2019 standardized Plans for Individual Market (Gold, Silver, Bronze)
 - Expect to include review of the 'Plan Mix' for the Small Business Health Options Program (SHOP)





>Adjournment



> Appendix

2017 AHCT Plan Enrollment: Standardized/Non-Standard QHPs

Enrollment data of Individual AHCT plans as of 9/28/2017

Metal Level	Enrollment	Percent		
Catastrophic	1,550	1.61%		
Bronze	24,735	25.76%		
Silver	60,414	62.93%		
Gold	9,310	9.70%		
TOTAL	96,009	100.00%		

Metal Level	Standardized Plans	Non-Standard Plans Total		Percent in Standardized Plans	
Catastrophic	0	1,550	1,550	0.00%	
Bronze*	21,958	2,777	24,735	88.77%	
Silver	51,339	9,075	60,414	84.98%	
Gold	7,278	2,032	9,310	78.17%	
TOTAL	80,575	15,434	96,009	83.92%	

*Bronze Plans	Standardized Plans			Percent in Standardized Plans	
Non-HSA Bronze	7,783	803	8,586	90.65%	
HSA Compatible	14,175	1,974	16,149	87.78%	
Total	21,958	2,777	24,735	88.77%	



2017 AHCT Plan Enrollment: Standardized/Non-Standard QHPs

	GC	OLD	SILVER		BRONZE (HSA compatible)		BRONZE (not HSA compatible)		CATASTROPHIC	
County	Non-Std	Standard	Non-Std	Standard	Non-Std	Standard	Non-Std	Standard	Non-Std	Grand Total
Fairfield	450	2,435	2,667	15,879	454	4,914	178	2,441	395	29,813
Hartford	275	1,680	1,759	12,069	325	3,427	125	1,467	432	21,559
Litchfield	209	522	705	3,489	192	924	65	548	105	6,759
Middlesex	59	403	422	2,504	80	805	25	385	90	4,773
New Haven	583	1,414	1,797	11,291	468	2,620	224	1,720	334	20,451
New London	251	402	888	3,279	268	659	118	658	106	6,629
Tolland	120	250	446	1,544	90	535	33	341	65	3,424
Windham	85	172	391	1,284	97	291	35	223	23	2,601
Total	2,032	7,278	9,075	51,339	1,974	14,175	803	7,783	1,550	96,009
	9,310 60,414		16,149		8,856		1,550	96,009		

Tobacco Use: Facts & Figures

- Per the Centers for Disease Control and Prevention website*
 - 36.5% of adults with any mental illness reported current use** of tobacco in 2013 compared to 25.3% of adults with no mental illness
 - People living below the poverty level and people having lower levels of educational attainment have higher rates of cigarette smoking than the general population
 - Among people having only a GED certificate, smoking prevalence is more than 40%
 - 29.8% of African American adults reported current use** of tobacco in 2013
 - 20.9% of Hispanic/Latino adults reported current use** of tobacco in 2013
- A Kaiser Health News article from May 2016 indicated that smokers may be avoiding the surcharge in states that include it by not reporting tobacco use status appropriately, citing the following:
 - Idaho: per federal survey, 17% of adults smoke regularly, but < 3% who bought coverage in 2016 on the state's insurance exchange paid the surcharge
 - Kentucky: over 25% of adults smoke regularly, but 11% paid the tobacco surcharge
 - Minnesota: 18% of adults smoke, but < 5% paid the tobacco surcharge

^{*} https://www.cdc.gov/tobacco/disparities/index.htm

^{** &}quot;Current Use" per CDC website was defined as self-reported consumption of cigarettes, cigars, smokeless tobacco, and pipe tobacco in the past year and past month (at the time of survey)