

# Connecticut Health Insurance Exchange

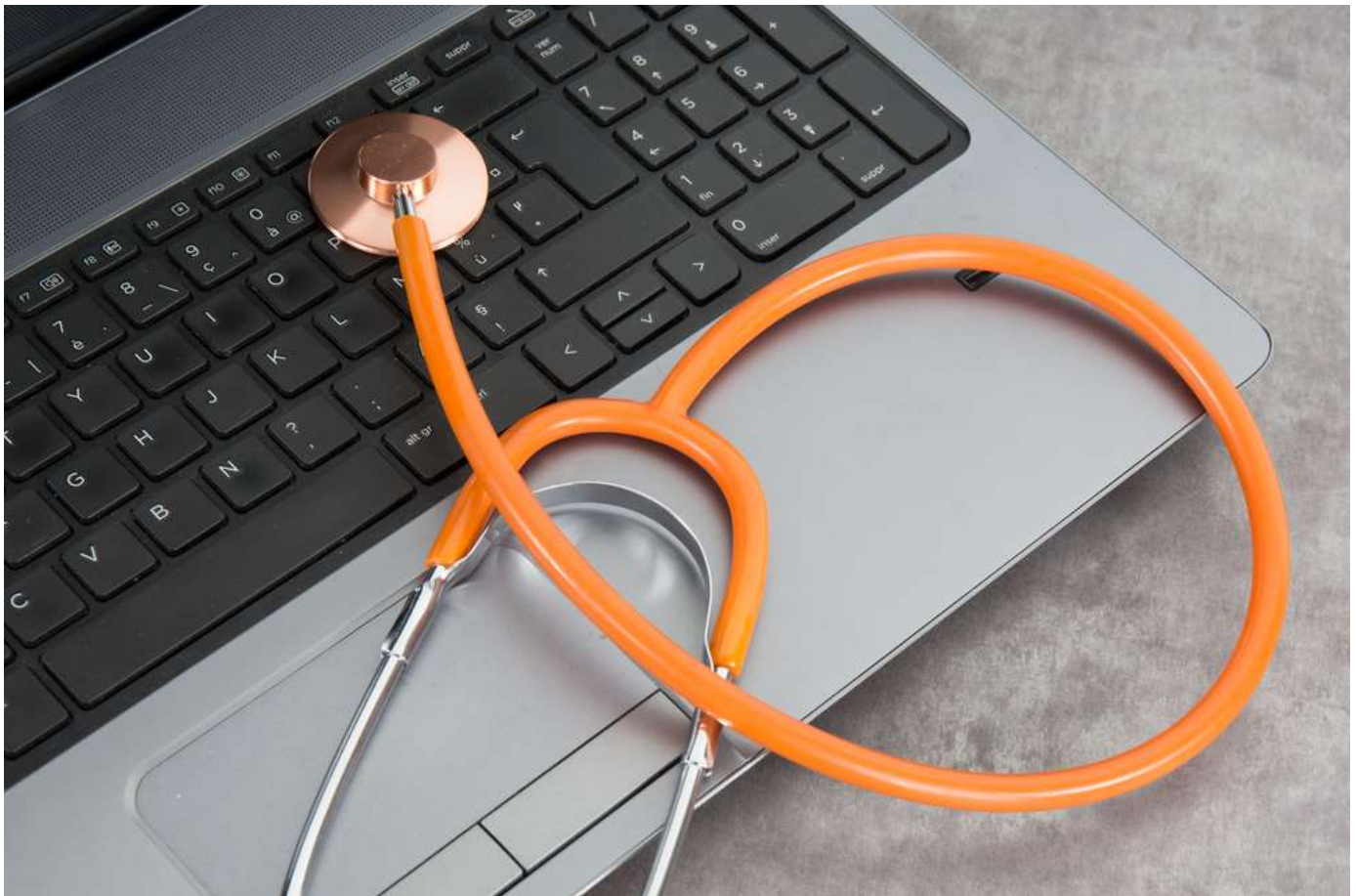
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## Solicitation to Health Plan Issuers for Participation in the Individual and/or Small Business Health Options Program Marketplaces

**Plan Year 2025**

**Release Date: March 11, 2024**



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# I. General Information

## A. Introduction

The Connecticut Health Insurance Exchange dba Access Health CT (AHCT) is soliciting applications from health insurance Issuers (“Issuers”) to market and sell Qualified Health Plans (“QHPs”) through the AHCT Individual and Small Business Health Option Plan (SHOP) marketplaces for the 2025 plan year. An Issuer may choose to participate in either the Individual marketplace, SHOP marketplace, or both.

This Solicitation defines the requirements an Issuer must comply with to participate in the AHCT Individual and/or the SHOP marketplaces. All requirements listed herein pertain to both the Individual and SHOP marketplaces, unless otherwise expressly noted.

AHCT offers Issuers a statewide marketplace to make it easier for individuals and small employers and their employees to compare plans and buy health insurance. Only health plans for which an application for “on-exchange” certification is submitted and is certified as a QHP by AHCT can be sold through the AHCT marketplace.

AHCT is the only distribution channel in Connecticut through which individuals and small employers are able to purchase coverage that may provide for certain insurance affordability programs, including:

- Premium tax credits and/or reduced cost-sharing plan variants for individuals and families purchasing health insurance through the individual marketplace whose household income makes them eligible for this financial assistance;
- An Alaska Native/American Indian (as defined in 45 C.F.R. §155.300) plan and a limited cost sharing plan variant for each plan offered by a QHP through the Individual marketplace in accordance with 45 C.F.R. §155.350; and
- Small Business tax credits available to eligible employers offering coverage in the SHOP marketplace.

To receive certification, an Issuer and its health plans must meet all federal and state statutory requirements, as well as the standards set by AHCT. AHCT is responsible for certifying QHPs and ensuring that plans remain compliant with AHCT’s QHP certification requirements.

The QHP certification process and requirements for the 2025 plan year maintain many aspects of the processes and requirements carried out for previous plan years, including close coordination and collaboration with the Connecticut Insurance Department (CID). This Solicitation reflects the criteria approved by the AHCT Board of Directors and that it deems are in the best interest of individuals and employers with a principal place of business in the State of Connecticut.

In setting the certification requirements outlined in this Solicitation, AHCT was guided by its mission to increase the number of insured residents, improve health care quality, lower costs and reduce health disparities through an innovative, competitive marketplace that empowers consumers to choose the health plan and providers that give them the best value.

Through this Solicitation, AHCT looks specifically to the Issuers to be a collaborative partner with AHCT in reaching our common goal of providing quality health care coverage to Connecticut residents.

## B. Solicitation Process and Timetable

The following schedule includes key dates and deliverables pertinent to Issuer and QHP Certification. Please note these target dates are subject to change. Any subsequent updates will be communicated, directly to the individual identified in the Non-Binding Notice of Intent, referenced in Section C below.

<b>Deliverables/Milestones</b>	<b>Target Dates</b> <i>(Dates are subject to change)</i>
AHCT Board of Directors Approve 2025 Plan Year Recommendations	March 4, 2024
AHCT Releases Issuer Solicitation Package and Non-Binding Notice of Intent	March 11, 2024
Issuer Non-Binding Notice of Intent Due to AHCT	March 25, 2024
AHCT Releases Issuer Application	March 28, 2024
Issuer Rate and Form Filings Due to Connecticut Insurance Department	June 1, 2024
Issuer Application, Templates and Supporting Documents Due to AHCT via SERFF	June 1, 2024
AHCT Commences Certification Process /Issuer Addresses AHCT Correspondence	June 3, 2024 – September 20, 2024
Issuer Reviews and Approves Data in Staging System	September 23, 2024 – October 18, 2024
AHCT Certifies Submitted Plans	October 31, 2024
Commence Plan Year Open Enrollment Period	November 1, 2024 – January 15, 2025

## C. Non-Binding Notice of Intent (Pre-Requisite)

All Issuers seeking participation in the AHCT Individual marketplace and/or the SHOP marketplace must submit the Non-Binding Notice of Intent (NBNOI). An Issuer cannot apply without first submitting the NBNOI, unless pre-approved by AHCT. Only those Issuers acknowledging interest in this Solicitation by submitting the NBNOI will continue to receive Solicitation related correspondence, including the 2025 AHCT QHP Application.

### Submission Instructions and Deadlines for NBNOI:

1. Complete the form titled “**Non-Binding Notice of Intent (NBNOI)**”. The form is available at: <https://agency.accesshealthct.com/healthplaninformation#one>
2. Issuers should submit this form via email to the AHCT Contact identified in Section D no later than March 25, 2024.
3. Please make sure the e-mail subject line reflects: “Non-Binding Notice of Intent”.
4. The Issuer will receive a response confirming receipt of the submission.

## D. Authorized AHCT Contact for Solicitation

AHCT authorized Contact for all matters concerning this Solicitation:

**Name:** AHCT Plan Management

**E-Mail:** CTHIX-Issuers@ct.gov

All questions to, and requests for information from AHCT concerning this Solicitation by a prospective Issuer or a representative or agent of a prospective Issuer, should be directed to the Authorized Contact at the e-mail address from above.

All answers to questions, and any Addenda to this Solicitation, will be made available to all prospective Issuers.

## **E. Amendment(s) to Solicitation**

AHCT reserves the right to amend this Solicitation as may be necessary to assure compliance with state and federal laws. AHCT will post any amendment(s) to this Solicitation on its website, <https://agency.accesshealthct.com/healthplaninformation#one>.

## **II. QHP Application Components and Certification Requirements**

### **A. General Overview**

This section outlines the various components that AHCT will require for Plan Year 2025 QHP certification. The forthcoming QHP Application and any associated guidance related to its submission, including any supporting documentation, will be provided to the Issuer primary point of contact identified in the NBNOI.

The QHP Application is intended to cover the Issuer's participation in the Individual and/or SHOP marketplaces.

The QHP Application will collect Issuer information, as well as benefit information and rate data, largely through standardized Federal Data templates, AHCT specific templates and supporting documentation. Additionally, Issuers will be required to attest to adherence to the regulations set forth in 45 C.F.R. parts 155 and 156 and AHCT requirements. AHCT has also adopted the requirements set forth in 45 C.F.R. § 156.340 whereby Issuers maintain responsibility for the compliance of their delegated and downstream entities. Issuers will send all requested information via the System for Electronic Rate and Form Filing (SERFF) unless otherwise directed.

### **B. Non-Discrimination**

Issuers must comply with the non-discrimination requirements outlined in 45 C.F.R. § 156.

### **C. Licensure and Financial Condition**

Consistent with 45 C.F.R. §156.200(b)(4), AHCT requires participating Issuers to be licensed by the CID as well as have a designation of good standing. The licensing and monitoring functions are the responsibility of the CID. The following are some examples of a designation of good standing:

- the CID has not restricted an Issuer's ability to underwrite new health plans
- the Issuer is not in hazardous financial condition
- the Issuer is not under administrative supervision
- the Issuer is not in receivership

Issuers applying for QHP certification must be able to demonstrate State licensure and good standing prior to the beginning of the annual open enrollment period. AHCT will obtain information regarding licensure and good standing directly from the CID.



## **D. Regulatory Filings**

In accordance with Connecticut state law, all fully insured Individual and Small Group products must have forms and rates filed with and approved by the CID in advance of an Issuer presenting the product to the market for sale. Any determinations by AHCT to certify a health plan as “qualified” will be conditional upon the CID approving rate and form filings.

## **E. Accreditation**

AHCT follows the standard regarding accreditation that is in place for the Federally Facilitated Marketplace (FFM). Issuers will be asked to provide information about their accreditation status to determine if the standard in 45 C.F.R. §155.1045(b) is met.

The Accreditation Association for Ambulatory Health Care (AAAHC), the National Committee for Quality Assurance (NCQA), and URAC have been recognized by CMS as accrediting entities for the purpose of QHP certification.

Any information provided on accredited products must be for the same legal entity in the same state that submits the QHP Application.

Issuers will be required to authorize the accrediting entity to release to AHCT and HHS a copy of its most recent accreditation survey, together with any survey-related information that HHS may require, such as corrective action plans and summaries of findings.

Issuers will be required to provide AHCT with documentation of renewed certification if an Issuer’s current accreditation status will expire mid-plan year for which the Issuer is seeking QHP certification. An Issuer will not be considered accredited if the accreditation review is scheduled or in process.

## **F. Office of Personnel Management (OPM) Certification of Multi-State Plan (MSP) Options**

The U.S. Office of Personnel Management (OPM) is responsible for implementing the Multi-State Plan Program (MSP Program) as required under section 1334 of the Affordable Care Act. In accordance with §1334(d) of the Affordable Care Act, MSP Options offered by an MSP Issuer under contract with OPM are deemed to be certified by AHCT.

AHCT requires MSP Issuers to comply with all of the standards and requirements set forth in AHCT’s Issuer QHP Application for Participation and all applicable Federal and Connecticut State laws that may apply to either health insurance, in total, or Exchanges. Additionally, Issuers offering an MSP Option on the AHCT marketplace must be distinguished from any other Issuer participating on the AHCT marketplace by Issuer HIOS Plan ID number(s) and plan marketing name(s).

## **G. Issuer General Information**

The QHP Application will request the name and address of the legal entity that has obtained the Certificate of Authority to offer health insurance policies in the State of Connecticut. This information must match the information on file with the CID. Issuers will be required to provide AHCT with the following information:

- Company information
- Primary contact for each marketplace for which the Issuer applies to participate
- Market coverage (Individual, SHOP, or both)
- List of vendors directly involved in service delivery

## **H. Issuer Compliance (New Issuers Only)**

For Issuers looking to participate on the individual or SHOP marketplace for the first time, AHCT will request Issuers submit a compliance plan and an organizational chart as part of the QHP Application. The compliance

plan is intended to document the Issuer's efforts to ensure that appropriate policies and procedures are in place to maintain adherence with Federal and State law as well as to prevent fraud, waste, and abuse. AHCT expects an Issuer's compliance program to include the following elements:

- Designation of a compliance officer and compliance committee
  - Written policies and procedures and documentation of proven adherence
  - Effective communication among all levels of the company ensuring a shared responsibility to compliance
  - A record retention policy, not less than 10 years; including any information related to CSR or APTC
  - Compliance education and an effective training program
  - Compliance metrics as part of an employee performance appraisal process and compliance standards enforced through well-publicized disciplinary guidelines
  - An internal audit process and the monitoring of such
  - Corrective action plan initiatives to monitor and respond to detected offenses
- A statement of corporate philosophy and codes of conduct

Further, the Issuer will be required to attest that its compliance plan adheres to all applicable laws, regulations, and guidance and that the compliance plan is implemented or ready to be implemented.

## I. Performance Oversight

AHCT intends to monitor and evaluate an Issuer's performance using information received by AHCT from sources such as but not limited to, the CID, Office of Healthcare Advocate, consumers, and providers. AHCT will utilize complaint data, Issuer self-reported problems, information related to consumer service and satisfaction, health care quality and outcomes, Issuer operations, and network adequacy in its assessment of Issuer's performance in the marketplace.

AHCT expects Issuers to thoroughly investigate and resolve consumer complaints received directly from members or forwarded to the Issuer by AHCT or any other individual or organization through the Issuer's internal customer service process and as required by state law. As part of compliance and performance monitoring, AHCT reserves the right to require Issuers to provide information pertaining to complaints.

## J. Market Participation

An Issuer may elect to participate in either the Individual marketplace or SHOP marketplace, or both.

AHCT will grant QHP certification for one year, providing Issuer meets all requirements. Issuers interested in offering QHPs through AHCT marketplace in subsequent plan years must seek recertification on an annual basis.

If participating in the **SHOP**, the Issuer must agree to fully participate in each of AHCT's purchasing options offered to small employers. The three options are defined below:

- **Issuer Bundle (Vertical Choice):** Allows an eligible employer to offer their eligible employees plan options from all available "metal tiers" from any one selected Issuer (i.e. any 'Issuer A' plan in any metal tier);
- **Metal Tier Bundle (Horizontal Choice):** Allows an eligible employer to offer their eligible employees plan options from all participating Issuers, across any one selected "metal tier" (e.g. any Silver plan from any of the Issuers);
- **Single Plan (Single Choice):** Allows an eligible employer to offer their eligible employees one plan design in any one metal tier from any one Issuer for group offering.



## K. Plan Options

### 1. General Requirements

Each QHP must comply with the benefit standards required by the ACA, federal regulations, the State of Connecticut and AHCT, including:

- Cost sharing limits
- Actuarial value (“AV”) requirements and de minimis ranges by metal tier for non-cost share variant plans -
  - Bronze Plan – 60% AV – de minimis variation of +/-2\*
  - Silver plan – 70% AV – de minimis variation of +2
  - Gold plan – 80% AV – de minimis variation of +/-2
  - Platinum plan – 90% AV – de minimis variation of +/-2
- Federally approved State-specific essential health benefits (EHB) -
  - All QHPs offered, inside and outside of the exchange, Individual and small employer group markets, must include the Connecticut specific EHBs. No substitution of actuarially equivalent benefits will be allowed. To view these benefits, please refer to the Connecticut exhibits found at the following CMS URL <https://www.cms.gov/ccio/resources/data-resources/ehb.html#Connecticut>.
- In all plan designs, Issuers are required to embed pediatric vision benefits.
- In the standardized plan designs Issuers are required to embed pediatric dental benefits.
- In the Non-standardized plan designs, inclusion of pediatric dental benefits is at the option of the Issuer when a stand-alone dental plan (SADP) is offered through AHCT.

\*In accordance with 45 C.F.R. § 156.140(c), the de minimis range for bronze plans may have an allowable expanded variation in AV for such plans of +5/-2 percentage points depending on the structure of the plan and covered services.

- Issuers may offer tiered networks in their non-standard plans only. A tiered network:
  - Has distinct contracting differentials among provider tiers (e.g., preferred vs. non-preferred).
  - Enrollee cost sharing is not based solely on type of facility where service is obtained, i.e., site of service.
  - Includes other typical industry strategies to demonstrate the network differential, e.g., incentivizing members to obtain services from preferred providers that result in lower out-of-pocket costs.
- Should an Issuer offer a non-standard plan that includes tiered networks, AHCT will require an Issuer to:
  - Clearly explain and prominently display any tiered cost shares on their Summary of Benefits and Evidence of Coverage documents.
  - Clearly identify preferred vs. non-preferred providers and display these provider designations within their Provider Network Directories and online search tools.
  - Indicate within the Actuarial Value calculator a Tiered Network Plan designation and expected utilization, as applicable.
- The AHCT standardized plans are not “gatekeeper” plans and were designed to provide enrollees with direct access to specialists. Accordingly, AHCT will not certify the standardized plans offered by an Issuer at any coverage level if the Issuer requires a referral from a Primary Care Provider (PCP) in order for an enrollee to be able to access a specialist. Should an Issuer impose the “gatekeeper” requirement in its non-standardized plans, AHCT will require an Issuer to identify this requirement in the Schedule of Benefits and/or the Issuer’s Plan Marketing Name(s). Additionally, such requirement must be described explicitly and prominently in the Issuer’s Evidence of Coverage.

## 2. AHCT Individual Marketplace

Standardized plan designs promote transparency, ease, and simplicity for comparison shopping by consumers. AHCT has developed for the Individual market standardized plans for gold, silver, and bronze metal tiers which define deductible, co-payment and/or co-insurance cost sharing on an in-network and out-of-network basis. These 2025 Individual standardized plan designs can be found on AHCT's website: <https://agency.accesshealthct.com/healthplaninformation#one>.

Within the Individual marketplace, AHCT requires Issuers to submit three cost-sharing reduction (CSR) plan variations for each silver level QHP as well as the zero and limited cost-sharing plan variations for all QHPs, except for catastrophic plans, in accordance with 45 C.F.R. § 156.420.

To participate in the AHCT Individual marketplace, the following criteria must be met:

- One (1) standardized **Gold** plan must be offered.
- One (1) standardized **Silver** plan must be offered.
- Two (2) standardized **Bronze** plans must be offered, of which, one must be HSA compatible and one that is not.
- Three (3) cost-sharing reduction (CSR) variants for the one standardized Silver Plan offered by the Issuer to households with attested income between 100% and 250% of Federal Poverty Level (FPL) applicable at the start of the plan year. The variants must conform to the requirements of 45 C.F.R. §156.420 and any other applicable federal guidance or regulations. The CSR variants are:
  - 73% AV CSR silver plan variant which must be separated from the silver 'standard' design on which it is based by a minimum AV difference of 2%,
  - 87% AV CSR silver plan variant
  - 94% AV CSR silver plan variant
  - A de minimis variation of +1 percentage point in AV is allowable for the silver plan cost-sharing reduction variants.
- Two (2) cost-sharing alternatives for each QHP in accordance with 45 C.F.R. §156.420 which shall be made available to members of federally recognized American Indian tribes or Alaskan-Natives. There must be:
  1. One alternative that offers zero cost-sharing for American Indians/Alaskan Natives under 300% of the FPL applicable at the start of the plan year; and
  2. One alternative that offers limited cost-sharing for American Indians/Alaskan Natives, regardless of income. For any item or service that is an EHB, there should be no member cost when services are rendered by an Indian Health Service provider.

*Note: Zero and limited cost-sharing variant plans offered through the Individual Exchange do not meet federal requirements to be HSA-eligible. AHCT will include an indicator to this effect within the consumer shopping experience.*

Issuers are also encouraged to offer any of the following optional plans:

- Up to two (2) non-standardized **Platinum** plans
- Up to three (3) non-standardized **Gold** plans
- Up to three (3) non-standardized **Bronze** plans
- The Issuer may opt to offer a **Catastrophic** coverage plan. Any Issuer offering the catastrophic coverage plan option must comply with Federal law including Section 1302 (e) of the ACA and 45 C.F.R. §156.155, and any applicable State law.

## 3. AHCT SHOP Marketplace

There are no requirements to offer standardized plans in SHOP. To participate in the SHOP marketplace, an Issuer is required to offer the following combination of plans:

- One (1) **Gold** plan must be offered
- Two (2) **Silver** plans must be offered, of which, one must be HSA compatible and one that is not
- Two (2) **Bronze** plans must be offered, of which, one must be HSA compatible and one that is not

Issuers are also encouraged to offer any of the following optional plans:

- Up to four (4) **Platinum** plans.
- Up to five (5) **Gold** plans
- Up to four (4) **Silver** plans
- Up to two (2) **Bronze** plans

Additionally, the required plans must comply with the following requirements:

- Include Out-of-Network (OON) coverage
- Include Pediatric Dental EHB coverage
- Not require a “gatekeeper”

## L. Marketing Guidelines

All marketing materials for any QHP offered through AHCT must be reviewed and approved in advance by AHCT. Issuers must allow up to fifteen (15) business days for AHCT’s review and approval prior to the materials being published and/or released.

### 1. Co-Branding

AHCT does not permit co-branding. Issuers are not allowed to use AHCT’s name or logo in any of their marketing materials without express written prior approval from AHCT. In addition, Issuers’ marketing materials cannot include a reference to the “Exchange”, “Marketplace”, “Connecticut Exchange”, or any other word or sequence of words used with the intent to express a connection with AHCT, or which may lead a consumer to reasonably assume a connection between AHCT and the issuer exists without express prior approval from AHCT.

### 2. Plan Marketing Names

AHCT requires the Issuer’s Plan Marketing Names to be consumer friendly and in plain language. Specifically,

- AHCT prohibits inclusion of an Issuer’s internal coding, numeric values, and/or special characters (e.g., “%”, “#”, “\$”, etc.) in the Plan Marketing Name.
- Issuers must include appropriate commonly known product abbreviations in the plan name, e.g., “PPO”, “HMO”, “POS”, “HSA”, the metal level, e.g., Platinum, Gold, Silver, Bronze\*, as well as, the term “Standard” for those plans required by AHCT.
- AHCT’s Plan Marketing Name character limit is 75 characters.
- Plan Marketing Name must be consistent with those that appear on Issuer websites, marketing, and member materials.
- Zero and limited cost-sharing variant plans offered through the Individual Exchange do not meet federal requirements to be HSA-eligible. Therefore, plan documents should not include a reference to “HSA” for these plans.
- Plans that fall within the ‘Expanded Bronze’ Actuarial Value range should indicate ‘Bronze’ as the metal level within that plan’s marketing name.

### 3. Company Logo

Issuers will be required to provide an electronic image of the Issuer’s logo in order to differentiate the Issuer’s products for display on the AHCT marketplace shopping screens. The QHP Application will include specifications as to acceptable file format and size for the logo.

#### 4. Issuer Subsidy Calculator

Issuers may display or make reference, verbally or otherwise, to an Issuer calculator for the purpose of estimating a consumer's eligibility for APTCs or other affordability programs, but only if the Issuer informs AHCT of this intended reference and includes required AHCT Subsidy Calculator Disclaimer language any time an Issuer's calculator is referenced and/or displayed, which is as follows:

*“The information from the (Issuer name) calculator is an **estimate** of your eligibility for a federal subsidy. Only Access Health CT can determine your eligibility to receive federal subsidies, and the amount of your subsidy. The (Issuer name) calculator may give you a different amount or eligibility result because it does not contain all of the information that Access Health CT uses to determine your **official** subsidy.”*

Affordability program eligibility assessment and enrollment is the sole responsibility of AHCT.

## M. Consumer Information

### 1. Enrollee Materials

Issuers will be required to submit the draft Schedule of Benefits (SOB) for each unique offering that depicts the cost-sharing for each metal tier to AHCT in English.

Upon approval by the CID, Issuers must submit the final combined SOB/EOC documents for individual plans to AHCT in English and Spanish.

For Small Group plans, combined documents are requested in English only and sent to AHCT as a URL, included in the Federal Data URL Template. The date by which the URLs must be active will be provided in the QHP Application.

The Evidence of Coverage (EOC) document must include each product the Issuer intends to offer on the Exchange for sale (e.g., PPO, HMO, POS) and must also include the following language:

- Plans that exclude elective abortion coverage must include text such as the following within the covered services section of the Evidence of Coverage document:
  - “Abortions in the case of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed (i.e., abortions for which Federal funding is allowed).”
- Plans that exclude elective abortion coverage must also include text such as the following within the exclusions section of the Evidence of Coverage document:
  - “We do not provide benefits for procedures, equipment, services, supplies, or charges for abortions for which Federal funding is not allowed. Federal funding is allowed for abortions, where a pregnancy is the result of rape or incest, or for a pregnancy which, as certified by a physician, places the woman in danger of death unless an abortion is performed.”

Issuers are also required to prepare a Summary of Benefits and Coverage (SBC) for each plan design and plan variation, including each of the coverage examples defined by HHS for each QHP offered through the AHCT marketplace. AHCT expects to provide consumer access to this information via SBC URLs submitted by the Issuer. Issuers will be required to submit SBC URLs to AHCT in a format specified by AHCT (e.g., Microsoft Excel workbook). AHCT reserves the right to review Issuer SBC documents to ensure accuracy and regulatory compliance.

In accordance with 45 C.F.R. §147.200 and 45 C.F.R. §147.136(e) Issuers must prepare the SBC in a culturally and linguistically appropriate manner. In addition, the Issuer must conform with 45 C.F.R. §155.205(c)(2)(i)(A) which requires all issuers to provide telephonic interpreter services in at least 150 unique languages.

## 2. Provider Directory

Pursuant to 45 C.F.R. § 156.230(b), Issuers are required to supply their provider directories to AHCT for publication online by providing the URL to the Issuer's network directory in a format specified by AHCT (e.g., Microsoft Excel workbook).

The URL provided must link directly to the provider directory, so that consumers do not have to log on, enter a policy number, or otherwise navigate the Issuer's website before locating the directory. Additionally, if a plan covers other services such as vision, dental, and pharmacy, a consumer should be able to search the directory by these service types.

If an Issuer maintains multiple provider networks, the consumer must be able to easily discern which providers participate in which plans and which provider networks apply to which QHP(s) at the point when a consumer could access the AHCT shopping portal to review plan design options for a plan year. AHCT will not certify any QHP unless the URL is a direct link to the provider directory search tool for the specific QHP.

For each provider and regardless of specialty, the directory must include location, contact information, specialty, medical group, any institutional affiliations, and whether the provider is accepting new patients. AHCT requires Issuers to include an option for consumers to search the directories by filtering those providers that are accepting new patients versus those that are not. The Issuer is expected to update its provider network directory at least once a month.

AHCT QHP Issuers must also make provider information available to AHCT in a uniform data file format and submit current provider data at minimum on a monthly basis and in a manner specified by AHCT.

AHCT may also require Issuers to submit up-to-date, accurate, and complete in-network provider directories for each QHP in a searchable PDF or in an unprotected excel format upon request.

AHCT QHP Issuers are responsible for complying with the culturally and linguistically appropriate standards outlined at 45 C.F.R. § 155.205(c) regarding oral interpretation, written translations, taglines, and website translations. AHCT encourages Issuers to include languages spoken, provider credentials, and whether the provider is an Indian Health Service provider. Directory information for Indian Health Service providers should describe the population served by each provider.

## 3. Prescription Drug Formulary

Issuers must publish, in a document with a searchable format and with a direct URL, an up to date, accurate, and complete list of all covered drugs on its formulary drug list, including any tiering structure that it has adopted and any restrictions on the manner in which a drug can be obtained (e.g., prior authorization, step therapy, quantity limits, and any access limitations related to obtaining the drug from a physical retail pharmacy location) in a manner that is easily accessible to plan enrollees, prospective enrollees, the State, AHCT, HHS, the U.S. Office of Personnel Management, and the general public, pursuant to 45 C.F.R. § 156.122(d).

The URL provided as part of the QHP Application should link directly to the formulary, so that consumers do not have to log on, enter a policy number or otherwise navigate the Issuer's website before locating the drug list. If an Issuer has multiple formularies, it should be clear to consumers which formulary applies for the specific QHP under which the consumer has elected to search. Issuers will submit URLs to AHCT in a format specified by AHCT (e.g., Microsoft Excel workbook).

Issuers must follow CID guidance pertaining to drug formulary requirements and submissions.

AHCT reserves the right to require Issuers to provide formulary information if deemed necessary.

## N. Rate Specifications and Details

Issuers participating in the AHCT **Individual** marketplace must agree to offer QHPs to any eligible consumer seeking to purchase such coverage for a term of twelve (12) months for coverage beginning on January 1<sup>st</sup> of a given plan year, or a term that shall last for the remainder of the plan year when coverage starts on February

1<sup>st</sup> or later in a given plan year. Rates must be set for the entire plan year. The open enrollment period for the 2025 plan year will begin on November 1, 2024 and end on January 15, 2025. AHCT reserves the right to modify the dates of this open enrollment period.

Issuers participating in the **SHOP** marketplace must permit a qualified employer to begin to offer coverage for its small group at any point during the year. The employer's plan year must consist of the 12-month period beginning with the qualified employer's effective date of coverage as stated in 45 C.F.R. §155.726(b) and last for the following 12 months after the effective date. Issuers offering QHPs through the SHOP marketplace must also charge the same contract rate for each month of the applicable small employer's policy year in accordance with 45 C.F.R. §156.286(a)(3).

Issuers should refer to CID guidance for information regarding rating factors in Individual and SHOP markets.

- **Single Risk Pool** - An Issuer must consider the claims experience of all enrollees in all health plans (other than grandfathered health plans) subject to section 2701 of the Public Health Service Act and offered by the Issuer both inside and outside of the AHCT marketplace to be members of a single risk pool encompassing either the Individual market or Small Group market.
- **Tobacco Use** - Issuers are prohibited from using tobacco use as a rating factor in the Small Group market in accordance with CGS §38a -567. AHCT will not permit tobacco rating in the Individual market.
- **Family Composition** - Federal regulation 45 C.F.R. § 147.102(c)(1) requires Issuers to add up the premium rate of each family member to arrive at a family rate. However, the rates applicable to no more than the three oldest child dependents that are under the age of 21 will be used in computing the family premium.
- **Age** - Federal regulations require a uniform age rating curve that specifies the distribution of relative rates across all age bands and is applicable to the entire market. The federal government's age curve anchors the premium amount to age 21, and is expressed as a ratio, for all ages between ages 0 and 64, inclusive, subject to the following:
  - Children: A single age band for children 0 through 14 years of age where all premium rates are the same; and one-year age bands for individuals age 15 through 20.
  - Adults: one-year age bands starting at age 21 through age 63 and;
  - Older adults: a single age band for individuals age 64 and older, where all premium rates are the same
  - Rates for adults age 21 and older may vary within a ratio of 3:1
- **Dependent Age Limit** - AHCT will require Issuers to cover eligible dependent children through the end of the plan year in which he or she attains the age of twenty-six.
- **Rating Area** - The CID received approval from CMS to establish eight rating areas by county for both the Individual and Small Group markets. AHCT currently requires Issuers to offer QHPs in all counties identified below.

RATING AREA	COUNTY
Rating Area 1	Fairfield
Rating Area 2	Hartford
Rating Area 3	Litchfield
Rating Area 4	Middlesex
Rating Area 5	New Haven
Rating Area 6	New London
Rating Area 7	Tolland
Rating Area 8	Windham

- An Issuer must submit a justification for a rate increase prior to the implementation of the increase and prominently post the justification on its website. AHCT will request a URL to the Issuer's website where



the rate increase justification has been posted prominently. To ensure consumer transparency, AHCT will provide access to such justification on the AHCT marketplace website.

- An Issuer must offer a child-only QHP option at the same level of coverage(s) as any QHP offered through the AHCT marketplace in accordance with 45 C.F.R. §156.200(c). A consumer seeking child-only coverage may obtain that coverage through the purchase of a single QHP with applicable rating for child-only coverage.
- AHCT will require Issuers to submit, as part of the QHP Application, information that supports the rating submission, such as the Actuarial Memorandum Part III, which is a narrative describing and supporting information submitted on the Unified Rate Review Template (URRT). CMS guidance outlines the minimum information that should be contained in this document, including requirements related to current enrollment. Information related to rating factors for age, area, plan relativity and in the case of Small Group, quarterly trend adjustments, should be incorporated. CMS guidance on completing this Actuarial Memorandum Part III is available at:  
<https://www.ghpcertification.cms.gov/s/Unified%20Rate%20Review>

## **O. Separate Billing and Segregation of Funds for Abortion Services**

Per 45 C.F.R. §156.280, QHP issuers offering coverage of abortion services for which federal funding is prohibited have flexibility in selecting a method to comply with the separate payment requirement under section 1303 of the Affordable Care Act (ACA).

## **P. Eligibility and Enrollment**

### **1. Individual Marketplace**

AHCT is responsible for the enrollment process and all eligibility determinations of individuals and families. In addition, all eligibility changes must be made through AHCT and AHCT will perform primary verifications through the Federal Data Services Hub (FDSH).

Licensed certified brokers, as defined in 45 C.F.R. §155.20, may assist individuals and/or their authorized designees with QHP selection and AHCT may provide enrollment assistance.

Please refer to 45 C.F.R. §155 for eligibility requirements. All eligibility determinations, re-determinations and changes will be made in accordance with federal and state law and in accordance with the terms of the Issuer Agreement and any related transactions between the Issuer and AHCT, which serve to amend or clarify such documents or applications of law. AHCT will distribute an 834 Companion Guide to all participating Issuers, which will include the specifics with regard to transactions and the coding of transactions.

### **2. SHOP Marketplace**

Licensed certified brokers, as defined in 45 C.F.R. §155.20, may assist small employers, and the employees of those groups, with QHP selection and AHCT may provide enrollment assistance.

AHCT's SHOP vendor transfers data electronically between the SHOP vendor and Issuers. The SHOP vendor produces a single premium invoice to the small employer for the total premium dollars due. The small employer remits the premium due (both employee and employer contributions) to the SHOP vendor. The SHOP vendor processes the small employer premium payments by disbursing the applicable amount to the appropriate Issuer. The SHOP vendor is also responsible for sending an aggregated broker commission payment to the individual brokers for all enrollees the broker has assisted.

## **Q. Qualifying Events and Special Enrollment Periods**

AHCT grants a special enrollment period (SEP) for qualifying life events (QLE) that occur outside of Open Enrollment in accordance with 45 C.F.R. §155.420 for the Individual marketplace and 45 C.F.R. §155.726(c) for the SHOP marketplace. AHCT also grants a SEP for individuals who have been certified as pregnant within the last 30 days per Connecticut PA 18-43.

AHCT follows federal and state regulations with regards to Special Enrollment Periods (SEP). The length of the SEP and the effective dates of coverage vary based on the type of qualifying life event (QLE) and the date the individual attests to having experienced the QLE and enrolls in a plan.

For the Covered CT Program, consumers may enroll throughout the plan year once eligible for the program.

## R. Grace Periods

### 1. Individual Marketplace

#### **a) Enrollees Receiving Advance Premium Tax Credit**

Issuers must adhere to the requirements in 45 C.F.R. §156.270 in determining grace period and termination procedures due to non-payment of the premium for enrollees receiving an Advanced Premium Tax Credit (APTC). Currently, the grace period for those receiving APTCs is as follows:

1. During the first month where premium is in arrears, coverage shall remain as if the account was not in arrears;
2. During the second and third months, the Issuer may pend claim payments on any claims received but may not limit an enrollee's access to coverage. Issuers may notify a requesting provider of the status of an enrollee's account;
3. The account may be cancelled at the end of the ninety (90) day grace period back to the end of the first month of the current grace period if the consumer fails to make all payments due by the end of the ninety (90) days. The APTC payments received by the Issuer may be kept for the first month only and the Issuer may seek payment of any remaining premium due through any lawful collection action. The Issuer shall remit back to the federal government, upon cancellation, any APTCs received by the Issuer on behalf of the enrollee for the second and third months of the grace period wherein coverage for the second and third months has been deemed not effective.

#### **b) Enrollees Not Receiving Advance Premium Tax Credit**

AHCT will require Issuers to comply with a 30-day grace period for the enrollees not receiving APTCs. To account for months with less than 30 days, the grace period extends to the end of the month.

#### **c) Guaranteed Availability of Coverage and Premium Collection Methods**

Participating Issuers may require payment of past due premiums before effectuating coverage for a new coverage year but cannot do so without advance notification to AHCT and enrollees\*.

\* *Outlined in the 'Guaranteed Availability of Coverage' section (§ 147.104) of the preamble to the 2017 Market Stabilization Rule (82 FR 18346) as finalized April 18, 2017.*

#### **d) Renewals**

A binder payment is not required for passive reenrollments that continue effectuated coverage. If the consumer is in a grace period at the beginning of the plan year, nonpayment of the January premium by the due date set by the Issuer will trigger the applicable grace period.

### 2. SHOP Marketplace

AHCT has established a 30-day grace period for small employers that do not pay the premium on time. To account for months with less than 30 days, the grace period extends to the end of the month.

## S. Federal Data Templates and Supporting Materials

AHCT required Issuers to complete various data templates and provide supporting documentation via the System for Electronic Rate and Form Filing (SERFF) The templates listed below contain Issuer and plan information required to effectively evaluate Issuer QHP submissions. Additionally, data elements will be extracted from the templates to optimize the consumer shopping experience on the AHCT portal.

AHCT anticipates requiring Issuers to provide the following Federal Data templates as part of QHP Application:

Federal Data Template	Individual	SHOP	Purpose
Plan & Benefits	✓	✓	Collects plan, benefit, and cost-sharing information for each plan to be offered via the marketplace.
Prescription Drug	✓	✓	Collects prescription drug benefit and formulary information.
Network	✓	✓	Collects the provider network ID for each provider network.
Service Area	✓	✓	Collects information on the Service Areas available for each plan to be offered via the marketplace.
Rate Data	✓	✓	Collects rate data by plan, by rating area, for each age band to be offered via the marketplace.
Rating Business Rules	✓	✓	Collects certain enrollee eligibility information.
Plan Crosswalk		✓	Collects renewal activity for plans offered via the marketplace.
URL		✓	Collects Carrier specific URLs for display to a consumer within the shopping portal. URL template may be submitted prior to activation of the URL. A date in which the URL is required to be activated will be communicated in the QHP Application.
Unified Rate Review	✓	✓	Collects data for market-wide rate review. This template includes Issuer information to support rating development.

Information and instruction guidance on the Federal Data templates and related information can be found at the following URL: <https://www.qhpcertification.cms.gov/s/Application%20Materials>.

AHCT anticipates requiring Issuers to provide the following customized data templates, specific to AHCT, as part of QHP Application:

AHCT Template	Individual	SHOP	Purpose
URL Submission	✓		Collects provider network, formulary, and summary of benefits and coverage (SBC) URLs for display to a consumer within the shopping portal. URL template may be submitted prior to activation of the URL. A date in which the URL is required to be activated will be communicated in the QHP Application.
AHCT Plan ID Crosswalk	✓		Identifies by HIOS number, each renewing, discontinued, modified, and/or new plans for the upcoming plan year.
Essential Community Provider (ECP)	✓	✓	Collects information on the ECPs included in the issuer's provider network and is used to assess compliance with AHCT contracting standards.

AHCT will also require Issuers to provide additional information via supporting documentation that will be outlined in the AHCT QHP Application.

## T. Attestations

Consistent with the ACA, the Issuer must agree to comply with the minimum certification standards with respect to each QHP on an ongoing basis.

- Issuers must complete the State-Based Marketplace (SBM) Issuer Attestations and the Connecticut Required Attestations as part of the QHP application submission.
- Attestation language will include the minimum certification standards required by CMS, the State, and/or AHCT.
- Attestations will cover Issuer’s existing operations as well as any contractual commitments needed to meet AHCT requirements on an ongoing basis.
- Issuer will attest that it has in place an effective internal claims and appeals process and agrees to comply with all requirements for an external review process with respect to QHP enrollees, consistent with state and federal law (45 C.F.R. §147.136 and 45 C.F.R. §800.503 for Multi-State Plan options).
- Attestations will largely fall into the following general categories under which Issuers must comply:
  - General Issuer Attestations
  - Operational Attestations
  - Data Submission Attestations
  - EHB, Cost Sharing and Plan Attestations
  - Network Adequacy & Service Area Attestations
  - Rate Attestations
  - Enrollment Attestations
  - Financial Management Attestations
  - SHOP Attestations
  - Reporting Requirements Attestations
  - Accreditation Attestations
  - Compliance Plan Attestations
  - Organizational Chart Attestations
  - Quality Assurance Data Submission Attestations

## **U. Reporting Requirements**

### **1. Quality Rating System (QRS)**

Issuers are required to comply with standards and requirements related to data collection of quality rating information pursuant to 45 C.F.R. § 156.1120, and the QHP Enrollee Survey pursuant to 45 C.F.R. § 156.1125. Issuers must collect and report validated data annually, on a timeline and in a standard form and manner specified by HHS, to support the calculation of the QRS scores and ratings for each QHP that has been offered in a marketplace for at least one year.

Issuers are also required to contract with and authorize an HHS-approved vendor to annually collect and submit QHP Enrollee Survey data on their behalf for each QHP. Issuers that had more than 500 enrollees in QHPs in the previous plan year are required to submit this data. Issuers are expected to follow the specific requirements related to data collection, validation, and submission, as well as minimum enrollment criteria, for the QRS and QHP Enrollee Survey as detailed in technical guidance issued by CMS.

Consistent with 45 C.F.R. § 156.200(b)(5), in order to demonstrate compliance with the quality reporting standards as part of the certification process for the 2025 coverage year, Issuers will be required to attest that they comply with the specific quality reporting and implementation requirements related to the QRS and QHP Enrollee Survey.

### **2. Quality Improvement Strategy (QIS)**

As required by the ACA, QHP Issuers must implement a QIS, which is a payment structure providing increased reimbursement or other incentives that will improve enrollee health outcomes, reduce hospital readmissions, improve patient safety and reduce medical errors, implement wellness and health promotion activities and/or reduce health and health care disparities.

AHCT will follow CMS guidance pertaining to QIS requirements, including Issuer completion and submission of various forms, depending on the Issuer's QIS status. Information outlining the minimum enrollment threshold for QIS submissions is included in CMS QIS Technical Guidance.

The Technical Guidance and report forms will be available on the Marketplace Quality Initiatives (MQI) website located at: <https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/QualityInitiativesGenInfo/ACA-MQI/ACA-MQI-Landing-Page>

### **3. Transparency in Coverage**

Transparency in Coverage requirements are outlined in federal regulations at 45 C.F.R. 155.1040(a) and 156.220. Currently, the reporting collection requirements do not apply to issuers of QHPs in state-based exchanges.

### **4. Other Reporting Requirements**

Additionally, Issuers will be required to attest to:

- Disclosing information on health care quality and outcomes as described in Section 399JJ of the Public Health Service Act.
- Providing to HHS and the Exchange at least annually, the pediatric quality reporting measures described in Section 1139A of the Social Security Act.

## **V. Network Adequacy**

### **1. General Requirements**

Pursuant to 45 C.F.R. §156.230(a)(2), an Issuer of a QHP that has a provider network must maintain a network that is sufficient in number and types of providers, including providers that specialize in mental health and substance use disorder services, to assure that all services will be accessible to enrollees without unreasonable delay.

To ensure AHCT understands the network distinctions for different plan offerings, Issuers will be required to submit a narrative outlining the high-level differences of the networks, including composition, tiering and out-of-service area coverage. The narrative should apply to the plans for the applicable market segment (i.e., Individual or Small Group). The network narrative should also include information about additional embedded services such as vision or dental.

Issuers will be required to adhere to the CID guidance pertaining to Network Adequacy.

AHCT reserves the right to require Issuers to submit information on consumer complaints pertaining to access to network providers in a format and at a frequency specified by AHCT.

### **2. Essential Community Provider (ECP) Network Contracting Standards**

Issuers are also required to meet specific standards for the inclusion of Essential Community Providers (ECPs) within their QHP provider networks. The definition of an ECP is included in 45 C.F.R. §156.235. The ECP must provide services that are considered covered health services under the currently adopted definition of Essential Health Benefits to individuals at disparate risk for inadequate access to healthcare.

AHCT ECP Network Adequacy standards as approved by the AHCT Board of Directors follow:

- Issuers must contract with 50% of the Federally Qualified Health Centers (FQHCs) in Connecticut.
- Issuers must contract with 50% of the non-FQHC providers on the AHCT ECP list. This list is subject to periodic updates by CMS and AHCT.

To determine whether an Issuer is meeting the ECP standards, AHCT will require the Issuer to complete the AHCT "ECP List" on a semi-annual basis. AHCT will provide Issuers with due dates for ECP data submissions within the QHP Application. The AHCT ECP List will then be provided subsequent to the release of the QHP

Application. If an Issuer does not meet the standard(s) at the time of semi-annual submission of ECP data to AHCT, the Issuer will be required to provide AHCT with a narrative outlining demonstration of a good faith effort in meeting the AHCT contracting standards.

## **W. Wellness Incentives**

AHCT may require Issuers intending to offer a wellness program(s) to provide a detailed proposal of such programs in order to assess potential discrimination based on health status. AHCT reserves the right to decide whether a wellness program(s) as described by an Issuer should be offered in the SHOP.

## **X. Patient Safety Standards**

As outlined in 45 C.F.R § 156.1110(a)(2), QHP Issuers must demonstrate compliance with the patient safety standards for coverage beginning on or after January 1, 2017. QHP Issuers who contract with a hospital with more than 50 beds must verify that the hospital utilizes a patient safety evaluation system as defined in 42 C.F.R. 3.20 and has implemented a comprehensive person-centered discharge program to improve care coordination and health care quality for each patient.

## **Y. Issuer Accountability**

AHCT will require Issuers to attest that their business leaders have collectively performed a comprehensive preview of all required 2025 Federal QHP Data templates and supporting documents prior to submission via SERFF for the express purpose of confirming data accuracy and presenting required data to AHCT for Issuer and QHP certification.

Issuers will also be required to utilize specific QHP Application Review Tools developed by CMS and by AHCT, and to provide AHCT with resulting output of such tools to demonstrate that all errors have been corrected prior to each submission or resubmission of data to AHCT. AHCT may accept a written justification in limited circumstances when a warning is generated by a review tool and is not rectified in the Application submission. AHCT will provide copay thresholds for Issuers to use in the CMS Expanded Bronze Review Tool to assess whether a plan that offers certain covered 'major services' before the deductible will meet the reasonable cost requirements to ensure that the service is affordable and qualifies as an 'Expanded Bronze' plan.

## **Z. User Fees/Market Assessment**

Attestation language will be included in the QHP application that commits the Issuer to pay user fee and /or Issuer assessments, as applicable.

## **AA. Broker Commissions**

AHCT will require participating Issuers to pay broker commissions as follows:

Commissions on the exchange must be "similar" to an Issuer's commission off exchange. Commissions will be deemed similar if the following conditions are met:

- A commission is payable on the exchange for a plan if the Issuer pays a commission for a comparable plan and service functions off exchange. A comparable plan is one at the same metal tier or a subset of that tier if commissions are limited to a specific type of offering such as a plan sold in conjunction with a tax qualified health spending account.
- If an Issuer does not offer plans off exchange, a commission shall be payable based upon a comparable plan of an affiliate. In the case where there is not an affiliate, a commission shall be payable based upon a comparable plan of other Issuers participating on the exchange.